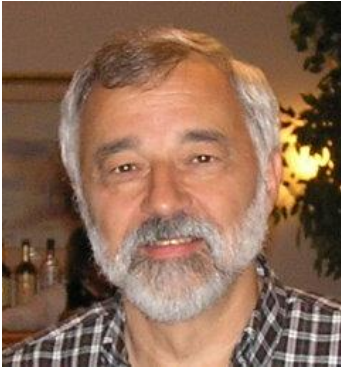


UNUM RETIREES NEWSLETTER

SPRING 2020~THIRTY-SECOND EDITION



Words from the Chair by Roger Rioux

As you know, we had to cancel the spring luncheon. It is disappointing, but necessary in light of all that is going on. We are still hoping that the picnic lunch at Two Lights Park in June will happen.

I think about how fortunate we are to be living in the time when we have so many ways to communicate. Just 25 years ago most of us did not have internet access. We did not have long distance calling for free. Remember when we use to call late at night or early in the morning because the rates were lower? Most of us have access to a wonderful health care.

Imagine what it was like in 1918. The Spanish flu was an unusually deadly influenza pandemic. Lasting from January 1918 to December 1920, it infected 500 million people – about a quarter of the world's population at the time. The death toll is estimated to have been anywhere from 17 million to 50 million, and possibly as high as 100 million, making it one of the deadliest pandemics in human history.

If you are like me, this pandemic is frustrating. I am tired of being locked up, not able to go out to eat and not able to participate in my favorite exercise: pickleball. I did some research about what we can do to help ourselves and our friends and family. Full disclosure: I found this on the internet.

Taking charge of our mental health and capturing the small moments will help as we go further into the unknown, too. If we can foster positive emotions, the flow-on effects are well researched, and well documented. In fact, positive emotions are a key resource for us during the coronavirus crisis because they can do a number of things:

- **Increase your resilience:** Research has shown that when we experience positive emotions on the back of a stressful event, we bounce back more quickly and have a faster “cardiovascular recovery” time – our heart rate lowers and our blood pressure stabilizes more quickly when we are able to be positive.
- **Increase your immunity:** a study where people were deliberately infected with the influenza virus and rhinovirus found that those people who had more positive emotions were more likely to fight off the symptoms. People low on positive emotions were 2.9 times more likely to contract a respiratory illness in this study.
- **Make you think more clearly:** the way we feel influences the way we think. Positive emotions boost our problem solving abilities as well as our judgment, decision-making, cognitive flexibility and creativity. Staying positive will help you and your kids to be better at solving all the little problems that are being thrown our way right now, such as figuring out new technology platforms for working (and schooling) from home.

In the spirit of the above, I have found some activities that help my wife and me. We take advantage of the technology we have in our homes. We use the internet and smart phones to connect with friends and family. We can Facetime and see their faces which helps a lot. It is also great fun. We use Skype or Face Book messenger to connect by video as well. Recently I was on video Messenger with four of my siblings all at the same time. Seven friends and I play bridge online at bridgebase.com. It is free and you can join a table anytime or play against robots to help improve your game. We also walk our dog more frequently and still try to connect with neighbors always at a safe distance. I would encourage those who can to check in with your neighbors to see how they are doing. It is very satisfying to able to help others.

Stay healthy and I hope to see many of you at the picnic in June. We will get through this.

From the Editor

*Thank you all for your input! It is truly appreciated! **This Newsletter is published for YOU!**
I would still love to hear from you about what type of “news” you would like to read. Your stories don’t need to be long.....just a paragraph would do! We would love any pictures that would go along with your story!*

*I’m looking forward to hearing your input AND receiving articles from you!
(rlibby5@maine.rr.com 17 Larchwood Rd., South Portland 04106
Pam Libby, Editor*



Important Dates for 2020

*Unum Retiree Members are welcome to attend Board Meetings.
Just let Roger Rioux know beforehand. (207) 671-7906 rrioux@maine.rr.com*

2020 Board Meetings and lucheons:

*~June 16th-Picnic
~July 7th-Board meeting
~August 25th-Board meeting
~September 15th-Annual Meeting
~October 6th-Board meeting*

Unum Blood Drive Schedule for 2020:

To be announced

**If you are willing to help out with the Unum Blood Drives,
please contact Kathy Woodbrey at lifter@fairpoint.net.**

NOTE: For those who have enrolled health care coverage through “One Exchange”, now called “***VIA Benefits***”, ***they can be reached at: (877) 495-7131.***

If you are not enrolled through VIA Benefits, or have an issue that cannot be resolved, you can contact the ***HR Response Team at HRinfo@unum.com or (207) 575-0500.***

(We do not have specific names. We only have what is on the website. The contact names may change but the contact number and email will not.)



Now Painting by Marie Pardi

Since retiring in 2017 from Long Term Care at Unum, I have begun to paint again which I never had time for when I was working. My painting has not only been relaxing for me but I also have been selling my paintings, prints and note cards.

I find that painting is therapeutic for me and takes me away to a very tranquil and soothing place. I stopped painting and doing crafts years ago and I went to a paint party at the Elks and thought to myself, I should take up my painting again and I have painted non-stop for months now. I have included some pictures of my paintings and note cards.





In February I travelled to Montana to ski at Big Sky in Montana with two of my daughters, their husbands and 4 grandchildren. Big Sky lives up to its name. On average, a minimum of 400 inches of powder fall on 5,800 skiable acres. The vertical drop from top to bottom is 4,350 feet. By comparison Sugarloaf gets 200 inches of snow and has 1240 acres and 2800 feet vertical drop. Big Sky is also home to the most technologically-advanced chairlift network in North America. Three of the lifts have an 8-seat chairlift, featuring ergonomically-shaped, heated seats and a

weather-proof bubble. Established in 1973, Big Sky Resort is located in the Northern Rockies of southwest Montana between Bozeman, Montana and Yellowstone National Park. The town of West Yellowstone includes the Montana entrance to Yellowstone National Park. It is a one hour drive from the town of Big Sky and a two hour drive from Bozeman airport.

Eleven of my family rented snowmobiles which included a guide who led about twenty people on a trek into the park. The rental companies also rent helmets and suits. We all wore our ski outfits and rented helmets. With the heated handles (front and back) and foot heaters we were all comfortable in spite of temperatures in the low 20s. We started at 9:00 AM and finished around 4:00 PM, tired but excited to have experienced the country's first National Park during the winter. If riding on a snowmobile is not appealing to you there are also snow coaches that can be used if you would rather ride in heated comfort.

The park was established by the U.S. Congress and signed into law on March 1, 1872. Approximately 96 percent of the land area of Yellowstone National Park is located within the state of Wyoming. Another three percent is within Montana, with the remaining one percent in Idaho. The park is 63 miles north to south, and 54 miles west to east by air. Yellowstone is 2,219,789 acres; 3,468 sq miles in area, larger than either of the states of Rhode Island or Delaware. Rivers and lakes cover five percent of the land area, with the largest water body being Yellowstone Lake at 87,040 acres or 136 sq miles. Yellowstone Lake is up to 400 feet deep and has 110 miles of shoreline. At an elevation of 7,733 feet above sea level, Yellowstone Lake is the largest high elevation lake in North America. Forests comprise 80 percent of the land area of the park; most of the rest is grassland.

The park sits on the Yellowstone Plateau that was formed by large volcanic eruptions that took place 2.1 million, 1.3 million, and 630,000 years ago. Volcanic and tectonic actions in the region cause between 1,000 and 2,000 measurable earthquakes annually. Most are relatively minor, measuring a magnitude of 3 or weaker. We did not experience any earthquakes on our trip.



We were able to travel on the established roads that are used by vehicles during the rest of the year. The park service grooms the snow-covered roads so travel by snowmobile is safe and quite comfortable. We were able to make several stops to view the bison along the roads and rivers. We learned that there are no buffalo in North America. What we call buffalo are actually bison. Bison once numbered between 30 and 60 million individuals throughout North America, and Yellowstone remains one of their last strongholds. Their populations had increased from less than 50 in

the park in 1902 to 4,000 by 2003. The Yellowstone Park bison herd reached a peak in 2005 with 4,900 animals.

With the successful wolf reintroduction program, which began in the 1990s, virtually all the original faunal species known to inhabit the region when white explorers first entered the area can still be found there. The aspen forests had declined significantly since the early 20th century, but scientists attribute recent recovery of the aspen to the reintroduction of wolves which has changed the grazing habits of local elk. Local farmers and ranchers were not happy initially with the decision to reintroduce the wolves, but the ecological balance has improved the health of the region.



Of course a trip to Yellowstone has to include a view of Old Faithful. It is a highly predictable geothermal feature, and has erupted every 44 minutes to two hours since 2000. A study that was completed in 2011 found that at least 1283 geysers have erupted in Yellowstone. Of these, an average of 465 are active in a given year. The visitor center near Old Faithful includes warming huts where we rested and ate our lunches. The center includes a museum, a gift shop and theater where a video explains the history and ecology of the region. It was welcome respite from riding the machines. Overall we probably made 10 stops to view waterfalls, rivers, and other memorable sights.



We saw many sights which are called mudpots. It is a natural double boiler. Surface water collects in a shallow, impermeable depression (usually due to a lining of clay) that has no direct connection to an underground water flow. Thermal water beneath the depression causes steam to rise through the ground, heating the collected surface water. Hydrogen sulfide gas is usually present, giving mudpots their characteristic odor of rotten eggs. Some microorganisms use the hydrogen sulfide for energy. The microbes help convert the gas to sulfuric acid, which breaks down rock into clay. The result is a gooey mix through which gases gurgle and bubble. Minerals tint the mudpots with such a large palette of colors that the mudpots are sometimes called "paint pots." Iron oxides cause the pinks, beiges, and grays of the Fountain Paint Pot.

This trip to Yellowstone is a cherished memory because I was with my family and I saw a part of our great country that is unbelievably beautiful. A trip to a national park should be on everyone's bucket list once the pandemic is over.

Ash Trees and the Emerald Ash Borer *by Steve Bates*

Last week I went to a presentation at the Cape Elizabeth library on ash trees and the emerald ash borer. Following are my notes from that evening -- important for anyone who has ash trees on their property.

Ash Trees, EMERALD ASH BORER (EAB), Mike Duddy, Todd Robbins, 3/5/20

- In U.S., EAB problem since 2002 when container ships from Asia offloaded at Great Lakes ports.
 - Affects predominantly larger white ashes. Book Forest Trees of Maine for tree ID, or call town tree warden Todd. Leaf has 7 leaflets, 3 opposite each other on stem with 1 at top.
 - EAB is about ½ inch in length, long and skinny, metallic green shell.
 - Eggs laid in bark crevices, evidence of infection = about ¼ inch holes in bark shaped like a D with round side down, trunk blonding (bark thinned and diseased with lighter color from rest of bark), tree in distress (leaves developing on mini-branches fairly low on trunk), and presence of woodpeckers.
 - EAB so far in York County, Aroostook County, 1 in Portland.
 - State of Maine has a purple trap up in tree at Riverside Cemetery along Rt. 77 stone wall and random tree trunk girdling (bark stripped in about one foot area of trunk) to attract EAB for study of infestation.
 - Any place within 10 miles radius of York, Aroostook, and Portland is vulnerable, and ash wood should not be transported out of radius. Good wood can be sold to Atlantic Hardwood.
 - CE is within radius, and preventive treatment should be pursued NOW if interested in saving tree. Treatment can be systemic using pesticides injected in tree trunk (every 2 or 3 years), injected in soil around tree, or sprayed around trunk as high as possible – downside of killing all good insects in tree. Or treatment can be biologic using parasitic wasps – a strategy already in use in CE but needing perhaps 10 years to overcome EAB, so interim other treatment needed for a while. Ash tree concentration in CE town owned land is at Fort Williams, Mitchell Road, and Spurwink Avenue.
 - For help in evaluating whether to save tree or remove it and what to do, call Davey, Lucas, Bartlett, or a licensed pesticide applicator.
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Obituaries

Nancy J. Atkinson, 63, of Cape Road passed away Tuesday, March 3, 2020, at the Gosnell Memorial Hospice house after a long struggle with ALS.

She was born in Biddeford, July 24, 1956, the daughter of Oscar and Helen Gosselin Dussault.

Nancy attended local schools and graduated from Biddeford High School in 1974.

She first worked at UNUM and then for the many of her family's businesses, the most recently being BANA Corp.

Nancy enjoyed travel, ballroom dancing, golf and their place at The Villages in Florida.

She was a member of the West Buxton Baptist Church and recently had the children's Sunday School Room dedicated in her name for her many years of service.

Nancy is survived by her husband, Brian Atkinson, of Hollis; her mother, Helen Dussault of Biddeford; her three sons, Brandon Atkinson of Scarborough and wife, Amy, Brent Atkinson of Portland and wife, Noela, and Dustin Atkinson of Hollis and wife, Jessica; two brothers, Roger Dussault of Zion, Illinois, and wife, Andrea, and Rick Dussault of Lyman and wife, Judy; four sisters, Jeanne Agreste of Biddeford, Doris Poisson of Bangor, Linda Stare of Biddeford and Cindy Guay of Biddeford, and five grandchildren, Imogen, Carmen, Oscar, Blaise and Bih. Friends and relatives called at the West Buxton Baptist Church, 62 Parker Farm Road, Buxton, Maine, Friday, March 13, 2020, from 4-8 p.m. A memorial service was held Saturday, March 14, 10 a.m., at the West Buxton Baptist Church, Rev. Trent Boyd will officiate. Spring burial at South Buxton Cemetery.

Dennett, Craig & Pate Funeral Home, 13 Portland Road, Buxton (Bar Mills), are entrusted with her arrangements.

For those wishing to post condolences please go to www.dcpate.com. For those wishing to make memorial contributions in her memory please consider CCALS Compassionate Care P.O. Box 1052 West Falmouth, MA 02574



Karin Amann Bouvier, 78, passed away peacefully on March 10, 2020 at Mercy Hospital after a brief illness. She was born in Munich, Germany, to parents Franz Xaver and Emilie Zisler Amann, on March 27, 1941, with her twin sister Christa, who died shortly after birth. Her father, also, did not survive World War II, so Karin, elder sister Hannelore "Honey", and mother Emilie immigrated to the United States, landing in New York City on Dec. 22, 1949. They lived in Portland with family until they moved to Falmouth, where Karin graduated from Falmouth High School as valedictorian in 1959. Through her entire life, she remained grateful to the many Mainers who helped her through those early years. Karin became a naturalized American citizen and attended the University of Maine at Orono, from which she graduated with a bachelor of arts degree in mathematics with high distinction in 1963. At Orono, she met Vincent Guy Bouvier, whom she married on Nov. 22, 1963, and who remained her loving husband for 51 years, until his death in 2014. Karin worked at Union Mutual Insurance until 1971, and then returned to Union Mutual (now UNUM) in 1981 after additional training in computer programming. She worked at UNUM, seeing the company through the Y2K crisis, until her retirement. She continued to work in the business and finance office at the chancery of the Roman Catholic Diocese of Portland, up until her death. She had recently moved to the Piper Shores retirement community with her cat, Jake. Karin is survived by her loving family, including daughter, Nicole Bouvier of New York City; son, Jeffrey, daughter-in-law, Karin Behrens Bouvier and their children, Alexander and Andrew, of Exeter, N.H.; two brothers-in-law, husband Vince's brother, Roger Bouvier of Auburn; and sister Honey's husband, Wayne Hale of Portland and Honey and Wayne's children, Heidi, Michael, and Peter. Her extended family includes Vince's large family; her coworkers at the Chancery; her neighbors at Piper Shores;

and the many friends that she made over her 78 years. A Mass of Christian Burial was celebrated on Wednesday, March, 18, 2020 at 11 a.m at Sacred Heart Church, Main Street, Yarmouth with The Most Reverend Bishop Robert P. Deeley, J.C.D. officiating. Burial will be private. For the safety of all of Karin's loved ones, the family requests that you do not attend her funeral Mass if you have symptoms, including fever, cough, or muscle aches; you can convey your condolences via the Conroy Tully Walker website www.ConroyTullyWalker.com. We will be implementing social distancing during the Mass and reception to protect all attendees. Karin's life experiences, including her difficult childhood in post-war Germany and then as an immigrant to the United States, and all the people that helped her along the way, left her with a strong sense of obligation to "pay it forward." In lieu of flowers, Karin would appreciate giving a helping hand to others less fortunate than us, through donations to organizations such as the Preble Street Resource preblestreet.org or 38 Preble Street Portland, ME 04101



On Friday Oct. 25, 2019, **Henry A. Caiazzo, Jr.** went home to be with his Lord and Savior. He was at home surrounded by family and friends. His dementia journey started out as a struggle, but by the grace of God became a slow, peaceful and blessed one. So many people were part of this tremendous journey. Each and every one had an amazing impact on Hank's life. Hank attended the Most Holy Trinity church for many years and later in life attended the Bible Baptist Church.

Hank was born in Portland on November 25, 1946, the son of the late Henry A. Caiazzo, Sr. and Florence A. (Small) Caiazzo. Hank grew up in a close knit neighborhood in North Deering. He made friends that has lasted a lifetime. He attended the Perry Grammar School. Hank or Hen as he was called by his younger brother Bill lost their mother at a very young age. As the oldest, his dad gave Henry the role of looking after his brother. This is a role that at the age of 7 he took very seriously and continued until he could no longer fulfill his dad's request. It was at this point that his brother started to look after him. Later in life Hank's dad remarried and the family grew to include 5 step sisters, Marie, Betty, Ronnie, Peggy and Nancy. In his style of humor, he said that all of a sudden one day the bathroom had nylons hanging up everywhere!

Hank was a dedicated Yankees and Oakland Raider fan, which wasn't always easy living in New England.

Hank attended Deering High School and graduated in 1965. He continued his education at USM. He graduated in 1969 with a BS in Business Administration.

July 2, 1970, Hank enlisted in the Army National Guard. He was proud to serve his country and faithfully did so for six years. He was honorably discharged on July 1, 1976.

At a young age Hank started his work journey. It all started with a paper route. He learned the importance of being reliable, honest and hard working. This was only the beginning towards a path of greatness. During his college days he worked at Deering Ice Cream and Central Maine Power. On June 19, 1969 he started his very successful career at Union Mutual, now UNUM. He started as a Group Admin Trainee and had many positions. It was on Dec. 12, 1980 he became a 2nd Vice President and then on Dec. 14, 1990 he reached his goal of Vice President. Hank was a goal oriented man. He reached each one, some failures but most successes, with a passion, termination and dedication. He touched so many lives while at UNUM. Made so many lifelong friends and had a great impact on the careers of many. While at UNUM Hank was a member of the handball team and was 'the handball champ'. He left Unum on Oct. 31, 1997. From here he briefly worked for Wright Express (WEX). He retired from Corporate America and became a full-time landlord over his properties. He was a man of many talents. He did all his own rehabbing of his houses, including wiring, plumbing and painting. He would call in his brother Bill for carpentry and they would do tiling together. He often recruited his children to help with the painting.

Hank was blessed with three wonderful children; Chris, Tony and Karen. Hank was a loving father to each. He had a unique and ever so special relationship with each. A book would need to be written to paint a true picture of his love for his children and their love for him. He was always challenging his children to learn, strive to do the best you can and never give up. He was instrumental in each one's journey. There are so many beautiful memories of family times and one on one time. Holidays, family vacations to so many different destinations throughout the country and Europe. This included a family trip, including Bill's family, to the Caiazzo old country, Siano, Italy. All filled with memories. There were many school events, graduations, births and many family gatherings. All filled with love and happiness. Hank was also blessed with four beautiful grandchildren; Joshua, Justin, Dexter and Kallie. They called him Papa. His love for them was immeasurable. His children and grandchildren are a beautiful tribute to this amazing man.

Hank had two half-brothers, Warren and Luke. Because of the significant age difference between Hank and his half-brothers, he was born an uncle.

On July 21, 2012, Hank married his sweetheart, Susan Rich Caiazzo. Though the journey was not as planned, it was amazingly rich, beautiful and most of all, love filled. Each day was filled with some sort of fun and laughter; balloon games, reading the newspaper, watching Andre Rieu DVDs, watching old westerns, the Andy Griffith show, Dr. Charles Stanley and Dr. David Jeremiah. Other adventures included rides in the car, trips to BJ's and visits with family and friends. So many special angels walked through the door. God truly blessed Hank with caregivers who were compassionate, loving, knowledgeable and dedicated; Ruby, Jackie, Billy, Lucy, Carol, Hallie, Molly, Jessica, Kelly, Taylor, Nicole, Skip, Michele, Angela and Lisa. A new family was formed and will continue.

Hank's larger than life personality would light up a room from the moment he walked in. He always had a story to tell, was always willing to listen and would give you the shirt off his back.

Henry A. Caiazzo, Jr. was known by many throughout his life. Some of his many names were Hen, Dad, Daddy, Papa, the Dadster, The Falcon, Hank, Buddy and Honey. The one common theme, all loved him dearly.

Hank is predeceased by his parents Henry and Florence, his two half-brothers Warren and Luke and his step sisters Betty and Marie. He is survived by his wife Susan, brother Bill and sister-in-law Barbara, step sisters, Ronnie, Peggy and Nancy, son Chris and daughter-in-law Beth, son Tony and daughter-in-law Athena, daughter Karen, sister-in-law Linda Rich, nephews Michael Caiazzo (Katie), Greg Caiazzo (Kelly), nieces Michelle Strait and Stephanie Kennedy (Dan) and grandchildren, Joshua, Justin, Dexter and Kallie, many cousins and all of Warren's and Luke's children. In addition Hank leaves behind two former wives, Kathleen and her family and Gail and her family.

Visiting hours were held on Friday, November 1, from 3-7 p.m. at Hobbs Funeral Home, 671 U.S. Route 1, Scarborough, ME. There were two services held on Saturday, November 2. at 10:00 a.m., Most Holy Trinity, 271 Main St., Saco and at 11:30, Bible Baptist Church, 146 Ferry Rd., Saco. There was a reception following the second service at Bible Baptist Church. Interment was Monday, November 4 at Calvary Cemetery, Broadway, and South Portland.

Online condolences may be made at www.hobbsfuneralhome.com.

In lieu of flowers, donations in his memory can be made to: Alzheimer's Association of Maine Chapter, 383 US Route 1, Scarborough, ME 04074

William H. Davis, 79, died peacefully on Sunday March 8th surrounded by his loving family. Born in White Plains NY, Bill was the eldest child of William Emerson & Mildred Healy Davis. He grew up in Lebanon New Hampshire and attended college at Colgate University where he graduated with a BS in Geology. Bill turned that education into a lifelong professional career in Medical Disability Underwriting at Paul Revere and Unum, where he retired in 1999.

A renaissance man, Bill's interests were broad and diverse. He loved the mountains, the ocean and lakes. He climbed, hiked, cross country skied and marveled at the gifts of the earth and its history. He was a serious vegetable gardener and a fabulous cook. Bill loved learning and books, science, history, satire and writing. He enjoyed musical theater and especially every production his granddaughter Emily performed in. Bill possessed an exquisite wry sense of humor, often amplified by his interest in politics and world events. Never short on opinion, Bill was a proud lifelong liberal democrat, an environmentalist and fierce supporter of equality. Bill never met a game of Bocce, Croquet or Miniature Golf he didn't enjoy and was, in his words, a spastic but enthusiastic bowler. Above all, he was a kind and generous soul who deeply loved his family.

Bill leaves his beloved wife Bonnie, his beautiful family Andrew and wife Amber, Chris and granddaughter Emily, Jill and husband Brian, grandchildren Fiona and Finn, Brother Fred, Gwenn, nephew Ben and niece Lily.

A private celebration for Bill is planned in the Spring. Contributions in Bill's memory may be made to Preble Street, Portland, Maine.

To send flowers to the family or plant a tree in memory of William H. Davis, please visit our [floral store](#).



Lorraine Mary (Doiron) Demmons, 89, died Friday Sept. 20, 2019 at home. She was born August 10, 1930, in Portland, a daughter of Albert and Sylvia (DeGruchy) Doiron.

Lorraine grew up in Windham and was a 1948 graduate of Windham High School. She enjoyed a career as an administrative assistant for both Unum and Travelers insurance. She loved to dance, travel, and boating with her husband Bob. She'll always be remembered for her laugh and smile.

In addition to her parents Lorraine was predeceased by her son, David Demmons; and sister, Marie Zbinden. She is survived by her loving husband of 67 years, Robert E. Demmons; daughter, Sharron Hilton and her husband Weston of Florida; sister, Irene Mulkern of Gorham; and several nieces and nephews. A funeral service was held at 1 p.m. Thursday, September 26, at the Windham Chapel of Dolby, Blais & Segee 434 River Road, Windham. Interment followed at Calvary Cemetery, South Portland. To express condolences or to participate in Lorraine's online tribute please visit www.DolbyBlaisSegee.com



Norma C. DiPierro, 85, formerly of Marcella Avenue, died peacefully on Friday, Nov. 8, 2019 in her home at Scarborough Terrace, with her loving family by her side.

She was born in North Chatham, N.H. on July 24, 1934, the daughter of the late Dean and Evangeline (Dyer) Charles. She graduated from Oxford High School in the class of 1952.

On July 4, 1958 she married Joseph A. DiPierro at St. John the Evangelist Church in South Portland, Maine, where they remained lifelong communicants until its closing.

Norma spent her entire working career at UNUM Insurance, retiring in 1992 after 40 years of service. When not working she loved playing bingo, bowling, going to yard sales, watching the Golden Girls, Everyone Loves Raymond, game shows, and knitting. She was a wonderful cook who loved the holidays and was well known for her famous chocolate fudge, and she especially loved giving and receiving hugs. Her greatest love was her family. After retiring in 1992 she helped take care of her two grandchildren while their parents worked. She was also an amazing caretaker for her husband during his final years. Norma will long be remembered as a warm, friendly, generous, loving person who always had a smile on her face.

Norma was predeceased by her husband, Joseph DiPierro in 2012; seven sisters Betty, Mary, Sadie, Ruth, Lorraine, Dot, and Anita, three brothers Dean, George, and Madison; and longtime friend, Ruth Killinger. She is survived by

her daughter Donna and husband James Cote of South Portland, a son Joseph DiPierro and his wife Natasha Alexeeva of California; two grandchildren, Cassie and her husband Carl Martin of England, and Zachary and his wife Isabel Cote of West Baldwin; one great-granddaughter, Piper Lee Cote of West Baldwin; many nieces and nephews.

Visiting hours celebrating Norma's life were held on Monday, November 11, 2019 from 5:00 p.m. to 7:00 p.m. at the Conroy-Tully Walker South Portland Chapel, 1024 Broadway. A funeral service was held on Tuesday, November 12, 2019 at 10:00 a.m. at the chapel. Burial followed in Brooklawn Cemetery, 2002 Congress St., Portland. To view Norma's memorial page, or to share an online condolence, please visit www.ConroyTullyWalker.com

Those who wish may make contributions in Norma's memory to the: Activities Department Scarborough Terrace
600 Commerce Dr. Scarborough, ME 04074



Emily Mae Hallett Felker, 91, passed away peacefully on January 30, 2020 surrounded by family.

Emily was born in Biddeford, Maine on September 12, 1928 to Harry and Emily (Bragdon) Hallett. She was educated in Old Orchard Beach Schools and employed at the Saco Lowell Shops and Unum, where she retired after more than 30 years of service.

In 1946, She married Robert Cyrus Felker and they raised a family together.

She was a member of the Old Orchard Beach United Methodist Church and held several positions over the years including Church School Teacher, Superintendent of the Church School and Church Treasurer.

Emily was an avid reader and enjoyed knitting. Her family was important to her.

She is predeceased by her husband in 1985.

She will lovingly be missed by her son Stephen Felker and his wife Francine; her daughter Priscilla Felker and her wife Caroline Pippert; her sister Carolyn Hallett; her three granddaughters, five great grandchildren and one great great grandson.

Friends and relatives called Tuesday February 4, 2020 from 12:30 to 1:00 PM at the Washington Ave United Methodist Church, Old Orchard Beach. A 1:00 PM memorial service was held at the Church. Rev. Taeseob Cho will officiate. Burial will follow at Laurel Hill Cemetery, Deering Park Section.

For those wishing to make memorial contributions in her memory, please consider the Washington Avenue United Methodist Church Food Pantry. Old Orchard Beach Funeral home are entrusted with her services, Dennett, Craig & Pate Saco coordinating.



Michelle (Hardy) Finocchietti of Gray, passed away due to heart complications on Jan. 5, 2020 at the age of 50.

Michelle is survived by her children, Anthony Finocchietti Jr. of Raymond and Brittney (Finocchietti) Russell of Portland; her mother and stepfather, Nancy (MacLean) Fruzia and Bob Fruzia of Mississippi; her sister, Susan Hardy of Florida; her grandchildren, Hailey Finocchietti and Carol Russell of Portland; her stepmother, Sharon Hardy of Scarborough; her father-in-law, David Finocchietti Sr. of Gray; her brother-in-law and his wife, David and Kelly Finocchietti of Buxton, her sister-in-law and her husband, Dianna (Finocchietti) Thurlow and Luke Thurlow of Poland; her nephew, David Finocchietti III of Buxton, her nieces, Ashley Taylor and Melissa Sproul of Poland; and many other close friends and loved ones.

She is preceded in death by her husband, Tony Finocchietti of Gray; her father, Bob Hardy of Kennebunk; her grandparents, Gordon and Thelma MacLean of South Portland; her grandparents, Lorraine Ware of South Portland and Sherman Hardy of Sanford; and her mother-in-law, Carol (Blais) Finocchietti of Gray.

Michelle was born on March 3, 1969 in Portland to Bob Hardy and Nancy (MacLean) Fruzia. She graduated from Gray-New Gloucester High School in 1987 and went on to marry her high school sweetheart, Tony Finocchietti in 1988. The couple went on to have two children, Brittney and Anthony. Michelle was a loving, caring mother who cherished all the time she spent with her family.

Michelle spent many years in clerical work at Unum in Portland. She enjoyed arts and crafts, as well as wildlife. She especially loved birds and dolphins. Michelle found much joy in life with her family and friends. Spreading her love and kindness everywhere she went. She loved her grandchildren, Hailey and Carol dearly and cherished every moment she spent with them.

Michelle was a faithful Jehovah's Witness for many years and attended the North Yarmouth Kingdom Hall of Jehovah's Witnesses. Many of Michelle's dearest friends from the congregation will miss her very much. Everyone enjoyed her company and appreciated her loving nature and thoughtful ways.

Michelle was a kind person who loved life and everyone she shared it with. She will forever be missed.

There was a service held for Michelle at the Kingdom Hall of Jehovah's Witnesses in North Yarmouth on Jan. 18, 2020 at 1 p.m. If you wish to attend please contact her son, Anthony Finocchietti Jr. at (207) 449-2006.



Arthur Gagnon, 68, of Tampa, Fla., passed away on Jan. 4, 2020, surrounded by loved ones and his pup, after a six-month battle with cancer.

He was a U.S. Navy veteran, and worked many years for Unum in Portland, Maine where he retired from in 2015, and was notorious for flinging elastics around the office.

He was born to parents Emile and Yvonne Gagnon, on Jan. 24, 1951, in Rumford, Maine. He graduated in 1969 from Stephens High School in Rumford, and in his 40s he earned a college degree from the University of Southern Maine.

He was a wonderful man that was loved, is missed, and will always be cherished. Art, or Pepere, as he was known by his grandchildren, was an amazing husband, father, son, brother, and a fabulous home chef. Though he lived in Tampa, he always made sure to follow and root for the Red Sox and New England Patriots. His time in retirement was cut short, but he thoroughly enjoyed life down in Florida, spending time with his family and friends, and bringing his dog to the Gulf Coast beaches.

He is survived by his wife, Holly Gagnon of Tampa, Fla. He is also survived by his son, David Gagnon, his daughter, Amanda Johnson, several grandchildren, sister, Mary Rita Hodsdon, sister, Jean Gallant, and sister, Claire Stearns. He was predeceased by parents, Emile and Yvonne Gagnon, and brother Ernest Gagnon. Art

was known for his sarcasm, quick wit, and his contagious laugh. He loved spending time reading, listening to music, playing guitar, and fly fishing. He especially enjoyed his years as the sound technician for the band, Streamliner.

We look forward to honoring Art's wishes for a private celebration of life this summer in Maine.



Owen Johnston Garfield, also known as John Garfield, 84, of Yarmouth, passed away Nov. 13, 2019 at his home.

Mr. Garfield was born in 1935 in New York City, the first born child of Owen R. Garfield, an engineer with Bell Labs, and the former Harriet Johnston. He spent his childhood in Chatham, N.J. with summers on Bustins Island in Casco Bay. He was in the fourth generation of Garfields to visit Bustins, a place which remains a family respite today.

It was on Bustins that he met his first wife, the former Sally (Sara) Hunziker, who also grew up spending summers on the island.

As a teenager, Mr. Garfield worked in the island store where his duties included scooping ice cream cones. She later told their children that she knew he liked her because her ice cream cones were especially generously packed.

Mr. Garfield graduated from Wesleyan University with a degree in mathematics. He served in the army reserves as a medic at Fort Sam Houston, Texas and Fort Bragg, N.C. He began a long career as an actuary at the Equitable in New York. In 1967, he moved to Philadelphia to work at the Insurance Company of North America which later became part of the Cigna Corporation. His work gave him the opportunity to travel, and he enjoyed visiting many European and Caribbean countries.

He stayed in Philadelphia for 20 years, purchased a home in suburban Saint David's, and raised three children.

His career then took him to Connecticut, Delaware, and finally to Maine, where he had long hoped to settle year-round. He joined Duncanson and Holt in 1991 and later worked for Unum until his retirement in 1996. He and Sally built a house in Yarmouth and enjoyed weekend trips to their summer home on Bustins. She died in 1997, and in

2008, he married Deborah F. Hammond.

Mr. Garfield's hobbies included woodworking, bicycling, and listening to jazz. He once built a wooden slide for his children featuring a carving of the famous topology problem involving the seven bridges of Königsberg.

His hopes were realized when two of his children earned degrees in mathematics; the third studied computer science. He was a voracious reader and enjoyed the chance to pilot his motorboat. For many years, he was the treasurer of the Bustins Island Village Corporation, and he devoted many hours to the island's planning board.

He is survived by his wife, Deborah F. Hammond; his children, David of Cumberland, Peter (and Laura Sices) of Goleta, Calif., and Abigail (and Michael Sebert) of Plano, Texas; three grandchildren; sister-in-law Margaret Garfield of Ridgewood, N.J., brothers-in-law Walter Hunziker (and Norma Holmes) of Edgartown, Mass. and Arthur T. Hammond (and Cynthia) of Kingfield and Farmington; and numerous nephews and nieces.

A memorial service is planned for summer 2020 on Bustins Island.

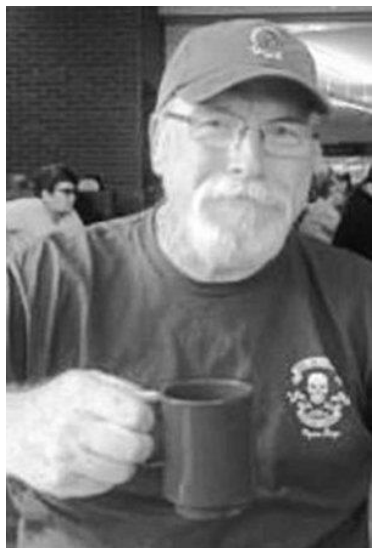
Arrangements are under the care and direction of Lindquist Funeral Home, 1 Mayberry Lane, Yarmouth, ME 04096. Please visit Owen's online guestbook at www.lindquistfuneralhome.com

In lieu of flowers, the family suggests contributions to: Merrill Memorial Library, 215 Main St., Yarmouth, ME 04096 or: the public library in the donor's community



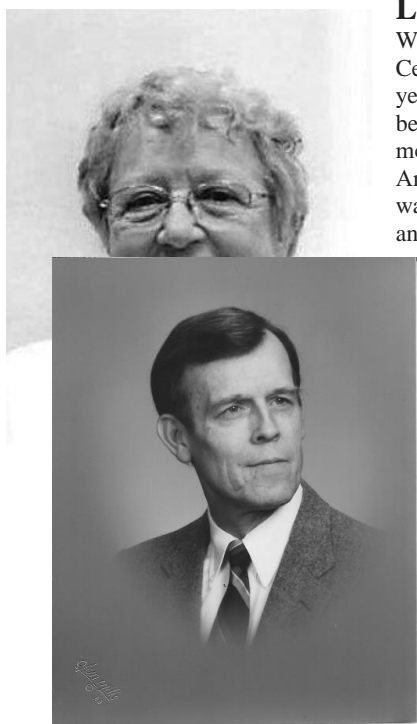
Mary Catherine Hall, 70, passed away March 1, 2020. She was born Nov. 27, 1949 in Boston, Mass., the daughter of John and Rita (Foster) Grover. Mary graduated from Hyde Park High School in Boston and later earned an A.S. from Boston Business School and was a dedicated employee to UNUM for over 30 years. As a Westbrook resident, she was an active member of the community participating and volunteering for things such as

the Westbrook Music Boosters for 30 years, and a member of the Westbrook School Board for 15 years. She married her husband John Hall in 1971 and together raised their two children, Stephen and Peter. Mary enjoyed spending time with her family, and supporting her grandchildren Chris and Chiara in their extracurricular activities including band, scouts, and dance. She was also an active member of St. Anthony's Catholic Church in Westbrook. Mary was a kind and generous person who could always be relied upon, she was spiritual and kept great faith in the Lord. Mary will be missed dearly by those that had the chance to know her. Mary is predeceased by parents John and Rita (Foster) Grover; and one brother, Thomas Grover. She is survived by her loving husband, John A. Hall; two sons, Stephen Hall and wife Sezen, and Peter Hall and wife Amie. She is also survived by her grandchildren, Chris, Chiara, Mila, and Thomas; one sister Susan Pruitt and husband Sonny, and one brother John Grover and wife Marie; as well as many nieces and nephews. Visiting Hours for Mary was 5-7 p.m., Thursday, March 5, 2020 at the Westbrook Chapel of Dolby, Blais & Segee, 35 Church St. Westbrook. A Mass of Christian Burial was held 10 a.m. Friday, March 6, 2020 at St. Anthony of Padua, 268 Brown St., Westbrook. To express condolences and to participate in her online tribute, visit www.DolbyBlaisSegee.com. In lieu of flowers, gifts in Mary's name can be made to: Westbrook Music Boosters P.O. Box 1119



Timothy John Cloyce Howe, 62, passed away surrounded by his family, on Monday, March 9, 2020 after a courageous battle with cancer. The son of Russell and Mildred (Ackley) Howe, he was born in Bath, N.Y., on July 21, 1957. Tim was a warm and caring person and would always be there at the ready when anyone needed him. He was loved by all who knew him. His children were the light of his life, and he will continue to live through them. He had many interests and shared them with his children, teaching them nature conservation, fishing, and cooking. In his younger years he spent a lot of time with his father in Northern Maine hunting and fishing. He was a sports fan especially for the New England Patriots. He cherished spending time with his son as the leader of his Cub Scout troop in Westbrook. He was a talented wood worker and whittler, building many things including furniture and shelves for his home. He graduated from Prattsburgh Central High School and attended Westbrook College. Tim served his country in the United States Marine Corps earning the rank of sergeant. While in the service he earned recognition for his sharp shooting skills. He was a programmer analyst at Unum, and worked as a data base analyst for the State of Maine and most recently, Wex Inc. Tim is survived by his loving wife of 31 years, Pamela (Nee); his son, Justin Howe of Richmond Ky., his daughter Jessica Howe and her significant other Chase Jones (who was like a second son to Tim) both of Lexington Ky. He is also survived by his siblings Rusty Howe and wife Linda of Prattsburgh N.Y., Jackie Remmers and husband Pat of Houston, TX, Rex Howe and wife Pat of Joppa, Md.; many brothers and sisters-in-law with whom he was very close; and many nieces and nephews. Family and friends were invited to attend a time of visitation on Monday, March 16, from 5 to 8 p.m. at Jones, Rich & Barnes Funeral Home, 199

Woodford St. Portland. A funeral service was held at The Wilde Memorial Chapel at 11 a.m., March 17 at Evergreen Cemetery, 672 Stevens Ave. Portland. Interment with military will follow in Evergreen. Please visit www.jonesrichandbarnes.com to view Tim's tribute page and to sign his online guestbook. In lieu of flowers donations can be made in Tim's memory to the Wounded Warrior Project P.O. Box 758516 Topeka, KS 66675-8516



Linda Ledoux passed away on Feb. 29, 2020 from complications with health issues. Linda was born in Westbrook to Paul and Yvonne Ledoux. She attended Cathedral High School in Portland and received her Certificate in Ornithology from Cornell University. Linda worked for Unum Life Insurance Company for 33 years and after taking early retirement, she went to work for the Maine Audubon Society for 10 years. As a benefit of both jobs, Linda was able to do a lot of traveling, both domestic and abroad. Linda was an active member of St Ann's Church in Gorham. She was also very active with the Westbrook Senior Citizens, the American Legion Auxiliary, the Down East Ski Club, and the Maine Spinners Registry. When she wasn't bird watching you could often find her at one of her spinning wheels or knitting Prayer Shawls for anyone in need and hats/scarfs for the homeless. Linda is predeceased by her parents and her sister Marie Carroll. She is survived by her sisters, Ann Clark of Westbrook, Jean Amidon of Goose Creek, S.C., Carol Bevan of Steep Falls and a large number of nieces, nephews, great and great-great nieces and nephews. Visitation was on Sunday, March 8, 2020 from 3 p.m. to 5 p.m. at the Westbrook Chapel of Dolby, Blais & Segee, 35 Church St., Westbrook, ME 04092. A Mass of Christian Burial was held on Monday, March 9, at 11 a.m. at St. Anne's Catholic Church, 299 Main St., Gorham ME 04038 with a reception to follow in the church hall. To express condolences or leave an online tribute, please visit www.DolbyBlaisSegee.com. In lieu of flowers, memorial contributions in her name may be made to: Animal Refuge League of Greater Portland P.O. Box 336 Westbrook, ME 04098 or American Cancer Society P.O. Box 22478 Oklahoma City, OK 73123

Warren Grant Munro, 83, living in Brunswick, passed away peacefully the evening of Monday, Dec. 30, 2019 after a long battle with Parkinson's. He was surrounded in love and light by his family.

He was born in Regina, Saskatchewan on August 7, 1936. He was married to the love of his life Ileen Anna May Becker in Regina, Saskatchewan on June 21, 1959.

He was a proud graduate of the University of Denver where he played four years of varsity hockey and studied Accounting.

He and Ileen had two children, Shawn (daughter) and Ryen, whom he loved with all his heart. He became a devoted and loving grandfather and mentor to his grandchildren, Ian, Isabella and Tillie.

He and Ileen lived in many wonderful places over their long married life, but after they moved to Maine in 1967, they considered Maine their home.

He had many loves, his wife, children and grandchildren. Aside from his biggest love, Ileen, his first and longest love was hockey. Grant began playing at an early age and fell in love with the feel of ice beneath his skates. He played Jr A hockey for the Regina Pats from 1954-1957, went on to play with the same coach and many of his teammates at Denver University where the proud Pioneers from 1958 – 1961 had few rivals, including the 1960 US Olympic team that they beat once and tied once. He was named an NCAA all American in 1961 and in 2004 he and his 1961 team were named to the University of Denver Athletic Hall of Fame. He continued to play and coach hockey for many years. He was one of the coaches that started Casco Bay Youth hockey, coached the North Yarmouth Academy in the early 80's, was a referee/linesman for the original Mariners.

He was the best dad and grampy/papa. He taught his children so many life skills and lessons, too many to list, but the biggest was work hard at anything you do and be kind to everyone. He took extreme pride in his three grandchildren. He was at every game, concert, play and event, cheering them on in his quiet way and providing gentle support, coaching, insight and above all love.

He had so many skills and hobbies, he enjoyed woodworking, photography, music, working on cars, gardening, hiking, swimming, sports of all kinds and had he not pursued his long hockey career he could have been an All American diver. He could figure out and build or fix almost anything.

Grant was the consummate gentleman who left a big impression on each person he touched that they will carry with them forever.

He will be missed by his family, Ileen, Shawn, Ryen, Ursula, Ian, Isabella and Tillie; his sisters Leone (Gordon) (Regina, SK) and Ruth MacAbee (Squamish, BC). He was predeceased by his brother Allan Munro (Calgary, AB) and sisters Margaret Bell and Jean Robinson.

Grant and his family are grateful for his friends that called and visited him and to the staff at Horizons (Brunswick) and CHANS that took such wonderful care of him this last year.

A service was held to celebrate Grant on Sunday Jan. 5 at 2 p.m., First Parish Church, 116 Main St, Yarmouth. Reception to follow in the parish hall.

In lieu of flowers, Grant wanted donations to be sent to the: Denver University Hockey program or Micheal J Fox foundation

<https://www.michaeljfox.org/donate>

From Ruth Myer

Remember when?

Search up, down, forward, backward, and diagonally to find words from the past.

N	A	M	H	S	U	R	B	R	E	L	L	U	F	G
S	G	O	L	N	L	O	C	N	I	L	S	R	T	N
G	H	T	D	I	A	L	O	O	K	P	E	S	E	O
N	X	E	K	M	E	L	M	O	M	N	R	L	D	P
I	O	S	S	E	C	E	R	A	S	Y	G	A	O	E
W	B	L	O	F	E	R	T	T	K	O	N	P	D	A
S	E	A	M	E	D	S	T	O	C	K	I	N	G	S
P	C	T	H	Y	N	K	D	A	A	E	E	E	E	H
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T	I	Y	E	M	G	T	H	G	A	T	I	T	A	O
B	O	R	A	E	O	E	U	S	I	E	R	S	L	T
A	G	C	B	J	U	K	E	B	O	X	D	L	L	E
L	S	Y	O	T	R	E	K	N	I	T	E	I	S	R
L	S	E	N	I	L	Y	T	R	A	P	S	E	H	S
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Camp
 Crystal set
 Dodgeball
 Drive in
 Fuller Brush man
 Go-cart
 Green stamps

Hide and seek
 Ice box
 Jacks
 Juke box
 Kool-aid
 Lincoln logs
 Nerf

Party lines
 Peashooters
 Pen pals
 Pong
 Recess
 Roller skate key
 Seamed stockings

Spitballs
 Swings
 Tag
 Tinkertoys
 Wringer washer
 Yo-yo