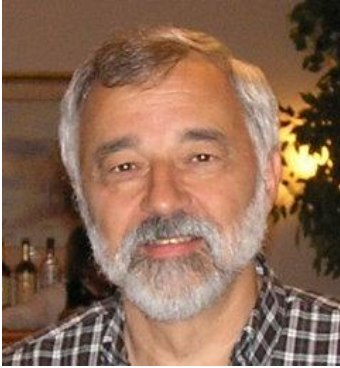


Unum Retirees Newsletter

Spring 2017~Twenty-third edition



Words from the Chair

By Roger Rioux

If you know of any recent retirees who may not be aware of the organization, let them know about us and how they can join by contacting us through the website: www.unumretirees.org or by contacting **Steve Bailey** at 846-6648 or sebailey@maine.rr.com. Unum notifies us once per year about new retirees so we may be missing contact information for recent retirees. We now have over 440 members.

Please refer to our website, www.unumretirees.org for a list of the board members, helpful information about the organization and contact numbers for Unum Retiree benefits.

March meeting

As you know we changed our winter meeting to spring. As it turns out we made a great decision. If we had continued with our regular February date we would have had to cancel because of the major storm we experienced.

Our meeting occurred on March 21st at Keeley's Banquet Center. We had 70 attendees and the weather was cold but the roads were dry. Roger asked the attendees to consider joining the board as we have lost some of our members over the last few years. Also **Bob Anastasoff** can no longer administer our web site. We are looking for someone with web development skills. Please consider it even if you cannot attend board meetings regularly.

*After many years of service to Unum Retirees, **Bob Anastasoff** has decided that he will be leaving the Unum Retirees board. Bob was in charge of the Newsletter for both Headlighters and Unum Retirees for many years and he built the Retiree website in 2009 when the organization was formed by the merger of Headlighters and VALUR. He has kept the website up to date with useful information and links to important references for our members. We will miss his leadership and many contributions. We wish him well in his retirement from the board. Thank you, Bob. We will miss you!*

Our entertainment was a trivia quiz. Give these a try to see how you would have done. The winning table had 19 out of 25 correct and selected from an array of Unum branded prizes.

1. In the year 1900 in the U.S. what were the most popular first names given to boy and girl babies?
A. William and Elizabeth B. Joseph and Catherine C. John and Mary D. George and Anne
2. In the Roy Rogers -Dale Evans Museum, you will find Roy and Dales stuffed horses. Roy's horse was named Trigger, which was Dale's horse?
A. Buttermilk B. Daisy C. Scout D. Tulip
3. Daniel Boone museum at the home where he died can best be described how?
A. a log cabin in Kentucky B. a two-story clapboard house in Tennessee
C. a four-story Georgian-style home in Missouri D. a three story brick house in Arkansas
4. During the 1980s for six consecutive years what breed of dog was the most popular in the U.S.?
A. cocker spaniel B. German shepherd C. Labrador retriever D. poodle.

5. What did the "D" in "D-Day" stand for?
A. doom B. day C. Dwight (Eisenhower) D. Dunkirk
6. Before becoming George Bush's Secretary of Defense, what was Dick Cheney's position?
A. congressman from Wyoming B. governor of New Hampshire
C. secretary of defense under Ronald Reagan
7. What year did cigarette commercials stop appearing on TV?
A. 1971 B. 1966 C. 1977 D. 1980
8. In a quarter-mile race, which animal can be expected to win?
A. Lion B. pronghorn antelope C. giraffe D. quarter horse
9. What is the traditional gift for a 40th wedding anniversary?
A. emerald B. diamond C. ruby D. sapphire
10. A group of lions is called a "pride". What word would be used to describe a group of crows?
A. a colony B. a barn C. a murder D. a flock
11. The Peace Corps had its greatest number of volunteers in which year?
A. 1966 B. 1976 C. 1986
12. Florence Nightingale became known as "the Lady With the Lamp" during which war?
A. American Civil War B. Crimean War C. World War I
13. Of civil war fame, John Brown was what?
A. an abolitionist B. a slave C. a slave-owner
14. How much does Plymouth Rock weigh?
A. 4 tons B. 40 tons C. 400 tons
15. How much of an increase was there in households owning VCRs from 1985 to 1990?
A. doubled B. tripled C. quadrupled
16. A group of investors bought the London Bridge in the 60s for \$2.5 million. Where did they move it? A. Lake Havasu City, Arizona B. Peoria, Illinois C. Truth or Consequences, New Mexico
17. At the 1988 Democratic Convention the keynote speaker was Ann Richards. What office did she hold at the time?
A. governor of Kentucky B. state treasurer of Texas C. U.S. senator from Missouri
18. What time is it in Honolulu, Hawaii, when it's noon in Los Angeles, California if both are on standard time?
A. 8 a.m. B. 10 a.m. C. 2 p.m.
19. What is on the back of a \$10.00 bill?
A. the Capitol building B. the signing of the Declaration of independence
C. the treasury building D. the White House
20. George Washington is called the father of our country, but how many kids did Mr. Washington really have?
A. 0 B. 1 C. 3 D. 7
21. Which of the following food items have the least calories?
A. 5 ounces of whole milk B. 5 ounces of beer C. 5 teaspoons of sugar D. 5 ounces of vegetable oil
22. What is an imaginary number?
A. any irrational number B. any complex number C. the result of dividing any number by zero
D. the square root of any negative real number
23. Which of these drugs was discovered first?
A. aspirin B. cocaine C. penicillin
24. During which decade was the television invented?
A. 1920s B. 1930s C. 1940s D. 1950s
25. Which of the following animals have, on the average, the shortest lifespan?
A. gray squirrel B. grizzly bear C. kangaroo D. moose

These questions were prepared in case of a tie.

26. Who was the first president of Union Mutual?
27. What year was Union Mutual organized?
28. When did Union Mutual move to Portland, ME?
29. When was the company converted to a public company?
30. 30. What month and year was the company first traded on the NYSE?

The answers can be found in a later section of the newsletter

Winter Luncheon at Keeley's Banquet Center

Pictures taken by Sue Bailey



Mark Andrews & Dianne Hannaford



**Lorraine Cragin, Bette Robicheaw, Gail McIntire,
Katie Dyhberg and Diane Jamieson**



Jan Vachon, Gladys Yankowsky & Barb Brown



**Fred Stuart, Mark Andrews, Dianne
Hannaford & Martha Murphy**



**Susan Fenton , Dick Goulet,
Fred Stuart & Mark Andrews**



**Kathy Woodbrey, Carol Robinson,
Jackie Sargent & Karen Witham**



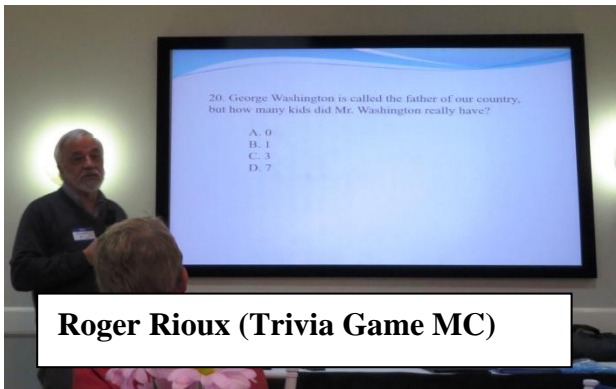
Mr. and Mrs. Brad Wescott & Kathy and Tim Doughty



John Gordon, Theresa Jackson & Lorraine Cragin



Claire Sutton & Mary Ann Lacombe



Roger Rioux (Trivia Game MC)



Kathy Winslow & Linda Grant



Dick Curry, Roger Rioux, Linda Robichaud, Steve Bailey, Ann Waecker & Pam Libby

Unum Volunteer Service Grant Program

Please note that Unum extended its Volunteer Service Grant Program to Retirees.

What this means -- Unum will donate \$1 per hour for volunteer work for a 501(C)(3) (non-profit) firm.

A minimum of 50 hours is required -- not to exceed 500 hours per 12-month period (it can be other than a calendar year). You now report your hours to **Jessica Smoake** (JSmoake@UNUM.COM).

We'll include the most up to date version of the volunteer service grant form in the next Newsletter. Please note that the deadline for 2017 volunteer service grant submissions has been extended to January 31, 2018 in order for retirees and employees to be able to count their hours volunteered in December of 2017 in the same request.

(The Retiree Website will be updated accordingly.)



From the Editor

*Thank you all for your input! It is truly appreciated! **This Newsletter is published for YOU!***

I would still love to hear from you about what type of "news" you would like to read. Your stories don't need to be long.....just a paragraph would do! We would love any pictures that would go along with your story!

I'm looking forward to hearing your input AND receiving articles from you!

Pam Libby, Editor

rlibby5@maine.rr.com

17 Larchwood Rd., South Portland 04106

Important Dates for 2017

*Unum Retiree Members are welcome to attend Board Meetings. Just let Roger Rioux know beforehand.
(207) 671-7906 rrioux@maine.rr.com*

2017 Board Meetings: *April 4; May 23; July 11; August 29 and October 10*

2017 Luncheons:

- *June 20 Picnic*
- *September 19 Annual Meeting*

Unum Blood Drive Schedule for the remainder of 2017:

- *HO1: May 1, July 10, September 25 & December 5*
- *HO3: May 8, July 12, September 27 & December 6*



Please contact Bob Wooten if you are interested in helping out with a blood drive at Unum.

(207) 797-8982 rwooten1@maine.rr.com

Volunteers are needed to work at the refreshment table providing donors with refreshments for the 15 minutes they are required to stay at the table. There are usually two three-hour shifts, but we can accommodate other (two hour) shifts.

Obituaries



Willard Raymond Moulton, 91, resident of Sebago Lake and Gorham House, Gorham, died Sunday, October 9, 2016 from complications of dementia. He was born April 20, 1925 and raised in Sebago Lake Village. He graduated from Standish High School in 1941.

At the University of Maine, Orono, he received a bachelor's degree in Engineering Physics in 1948 and an MBA in 1950. At the university, he met his wife of 63 years, Pauline Wadsworth (True) Moulton, marrying in Hope on June 27, 1948.

He was a life insurance underwriter, specializing in disability insurance, became second vice-president at Union Mutual Life Insurance Company, and later worked for the New England Life Insurance Company.

A memorial service will be held at 11 a.m., Saturday morning, October 29 at the Sebago Lake Congregational Church, 410 Northeast Road (Route 35), Sebago Lake Village, with reception to follow. For donations, please send a check payable to:

Kiwanis Club of Standish (with Willard in the memo to earmark for scholarship)

P. O. Box #139, Standish, ME 04084

Evelyn C. Cross, 76, of West Newfield, died unexpectedly Thursday, October 20, 2016.

She was born in Portland, July 7, 1940, the daughter of Clifford J. and Madge E. (Foster) White. She graduated from Portland High School in 1958.

She moved to Westbrook in the 1960s and resided there for more than 40 years. She worked at Shaw's supermarket for 20 years and at Unum for many years, retiring in 1999.

Evelyn was a member of the Longfellow Sweetheart Red Hat Society and also was a Nifty Knitter, making countless hats and mittens for the newborns at Mercy Hospital. She was an avid sports fan, particularly of NASCAR.

She was predeceased by her parents, and by a son, Jeffrey Cross, on Oct. 11, 2015.

Survivors include a daughter, Kimberly Guay of West Newfield, with whom she resided; a son, Mike Cross of Waterboro; a brother, Harry White of Scarborough; a sister, Linda White of Maine and Florida; four grandsons; a great-grandson; an aunt; a niece; and longtime friends Jeanne and Bud LeClair of Westbrook.

There were no calling hours. Family and friends were invited to a celebration of Evelyn's life at 1 p.m. Saturday, November 5, at the Orchard Community Church, 1 North St., Route 114, in Gorham.

Arrangements were under the direction of Black Funeral Homes and Cremation Service, Sanford-Springvale. Please visit their website for a more detailed obituary.



Joyce Elinor (Worcester) Hilliard, 85, passed away November 8, 2016, due to lung cancer, with the love and support of her daughter and grandson. She was born March 18, 1931 in Columbia, Maine. Joyce first came to Portland during World War II with her family.

Shortly after graduating high school, she headed to Portland and worked first at Union Station as a waitress, and then at Union Mutual.

Joyce was extremely proud of her work ethic and contribution to the company, earning her several promotions despite having only a high school diploma. Any time she was asked about her job, she would quickly say, "The smartest thing I ever did was not learn to type. It saved me from being pegged into the secretarial pool." All told, she worked a total of 38 years for what later became Unum.

Visiting hours were held at Jones, Rich & Hutchins Funeral Home, 199

Woodford St., Portland, Saturday, November 12 2016 from 5-7 p.m. A graveside service for family was

at Mailley Hill Cemetery in Columbia, on Sunday, November 13 at 1 p.m.
Joyce requested that in lieu of flowers, please consider a donation to American Macular Degeneration Foundation OR [Alzheimer's Association](#)



Alice Josephine O'Reilly-Buehne, 87 of Westbrook, Maine

- My mother, Alice Josephine O'Reilly-Buehne, who was born on Cliff Island on September 1, 1929, passed away at her home in Westbrook on Saturday, December 3, 2016.

Alice was the third youngest of Myles L. and Inez (Dyer) O'Reilly's 13 children. Alice had me (Joanne) when she was 19 years old, so we kind of grew up together. She was a very loving mother and worked very hard throughout her life, retiring from Unum Insurance Company.

She married my stepfather, Walter Jordan, when I was about 4 or 5 years old, and I was so happy to be getting a sister, Nancy Jordan, and a brother, Richard

Jordan. We spent summers going to Sebago Lake and Cliff Island; winters skiing, skating, and having a great time in the snow.

After the passing of Walter, my mother spent a great deal of time alone for many years, until the day I convinced her to start bowling again. Once a champion bowler, she found herself with renewed youth. With that renewed youth, she met Norman Buehne, who loved her dearly. Norman and Alice traveled and loved to go out dancing and socializing. Norman and Alice were very happy together, and now they are together again.

Alice leaves behind her daughters, Joanne M. LaPomarda, and life partner William M. O'Reilly, of Cliff Island; Nancy and George Ward II, of Gray; and Colette Jordan O'Reilly, of Bradenton, Fla.; grandchildren, Amy Ward, of Gray; Dustin O'Reilly, of Litchfield; and Michael Ward, of Westbrook; great-grandchildren, Allannah S., Lauren T., and Brandon F. O'Reilly, all of Bradenton, Fla.; Kelsey Ward-Boles, of Gray; Myles T. O'Reilly, of Litchfield; and Michael Ward II, of Westbrook; sisters, Inez Farrell, of Massachusetts; and Ethel Wilson, of Michigan; and several nieces and nephews.

Honoring my Mom's wishes, there was no formal services.



Laura (Smith) Dalrymple, 89, widow of Frederick Dalrymple, passed away December 12, 2016, at Mid Coast Hospital in Brunswick. She was born in Houlton on October 24, 1927, a daughter of Herbert L. and Pauline (Fortier) Smith. Her first husband, Lawrence L. Lunt, died in 1991.

Laura attended schools in Oakfield before moving to Freeport in 1944 and was a graduate of Freeport High School with the class of 1947. Laura resided in Freeport upon graduation and moved to Yarmouth within the last two years. She worked for

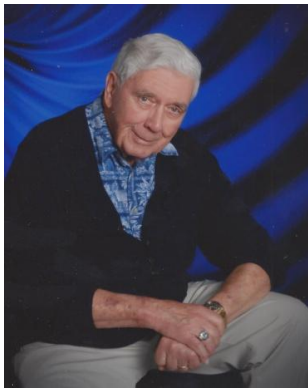
Union Mutual Life Insurance Company (now Unum) and for many years in the insurance offices of Burwell and Burwell. She enjoyed knitting, reading, her family and friends, and most especially her three grand children.

Laura is survived by her son, Lawrence L. Lunt II and his wife Cynthia, her daughter Lauren Lunt-Collard: three grandchildren, Chester and Cyril Lunt, and Laura Collard, all of Freeport; two aunts, Alice Libby of Florida and Vivian Fortier of Virginia.

In addition to her parents, Laura was predeceased by her husband; her brothers Herbert C. Smith and Larry L. Smith, and her sisters, Rosa Burnell, Verjeen Bathras, Elizabeth Tridle and Anna Rogers.

Honoring her wishes, Laura will have a graveside service in the spring of 2017 at Burr Cemetery in Freeport. The family of Laura wanted to express their sincere gratitude and appreciation to the staff at Hawthorne House and the staff of Mid Coast Hospital for the care provided to Laura. In lieu of flowers, please make any donations in Laura's name to:

Freeport Community Services
PO Box 119, Freeport ME, 04032



C. Richard "Dick" MacWilliams, 86, passed away on January, 4, 2017.

He was a lifelong resident of Portland, born at St. Barnabus Hospital on January 8, 1930, to Emily and Elmer Cecil MacWilliams. He was raised in a home on Brighton Avenue and graduated from Deering High School in 1947. He attended Northeastern University for two years, receiving an associate degree and then attended Bentley College and earned a bachelor's degree in accounting.

He later spent two years in the Navy, stationed on a destroyer during the Korean War, and was discharged in May, 1954. He married his beautiful, kind and loving wife of 62 years, Norma Jean Smith, that same year; they

were married 62 years.

He worked as an internal auditor for the Union Mutual (now Unum) insurance company for more than 30 years. He was also active in the national society of EDP auditors.

He is survived by his wife, and four children: daughter Lynne Karen Benson, 59, and partner Glenn Curtis, of Portland; daughter Pamela Jean LaRosa, 56, and husband Joseph, of North Reading, Mass.; son Bruce Alan MacWilliams, 53, and wife Elizabeth, of Salt Lake City, Utah; and daughter Sandra Jean MacWilliams, 46, of Cape Elizabeth. He was the proud grandfather of nine grandchildren, Timothy Benson, Shari Woodard, Kate Askew, Matthew and Ryan LaRosa, Tucker and Cameron Raymond, and Brynne and Colleen MacWilliams; and one great-grandchild, Ellie Woodard. He is also survived by his sister, Carol Chadbourne.

He was a wonderful husband, father and provider and had an avid interest in lighthouses, visiting many along the East coast as well as volunteering on the Lightship Nantucket. He and his wife Norma enjoyed their winters in Englewood, Florida, where they had many friends from New England. They spent their summers with their children at the Four Seasons campground in Naples. He and Norma also spent much of their retirement having amazing travel adventures. He will be sadly missed by all.

His family wishes to thank the nurses and staff at the Barron Center for their care over the past few months.

There was no formal services; the family will have a celebration of his life in the spring. To share a memory or condolence, please visit: www.athutchins.com.



Margaretmary McCann, 81, passed peacefully at Gosnell Memorial Hospice House on Sunday, Feb. 12, 2017, with her nieces and beloved dog, Honey, at her side.

Margaretmary was born in Portland, the fifth child of Carl and Helen (Dougherty) McCann, on July 13, 1935. Graduating from Deering High School in the Class of 1953, she went to the University of Maine in Orono where she majored in English and received a B.A. in 1957 and an M.Ed. in 1965. She was a member of Chi Omega, and while at the university, she excelled in drama, winning the prestigious Golden Apple Award for performance on three occasions. She was also secretary of her class for three years. Additionally, Margaretmary was awarded the Newman Key for outstanding Catholicism on campus.

After graduation she began teaching in Portland where she remained for 37 years. Her beginning years at Longfellow School and then 10 years at Lyman Moore Junior High were followed by 20 years at Portland High School, where she was advisor to the National Honor Society and co-drama coach, and where she received the honor of yearbook dedication and two outstanding teacher awards.

While teaching was her love and career, other interests also occupied her in varied ways. Margaretmary was frequently seen on local stages from Portland Players to Lyric to Portland Stage Company. Her most challenging role, playing four characters with make-up changes on stage was "Twigs." This performance won Best Actress in New England at the N.E.T.C. at the Spingold Theater at Brandeis University in 1976. She also won two awards locally for Best Actress at Portland Players. In 2006, she was inducted into the Portland Players Hall of Fame. Another theatrical highlight for Margaretmary was when she was cast as Alvira in "The Country of the Pointed Firs" opposite Julie Harris at WGBH Boston. She and Julie developed a lovely friendship, and corresponded for many years.

Childhood summers were spent at the family cottage in Old Orchard Beach, and in 1969, with her sisters Elizabeth, Catherine and Dorothy, she opened a tea room/gift shop in Pine Point called "The Periwinkle." For over 30 years "The McCann Girls" made delicious homemade desserts, but more importantly, they made countless friends from all over the U.S. and Canada.

In addition to teaching, her summer business and theater work, she also became well-known as a consultant in business-writing and communication. She worked for several companies among which were L.L.Bean, UNUM, Hannaford, Cole Haan and others. She also did some consulting on business texts for Houghton Mifflin Publishers.

After many years at their home on Hersey Street, in later years, Margaretmary and her sister Dottie moved to Applegate in Falmouth and in 2007 they moved to the Atrium at The Cedars. For too short a time, they enjoyed being Atrium neighbors with their dear brother, Carl! At The Atrium, Margaretmary made wonderful friends and entertained the residents with inspiring literary presentations on her favorite authors and often led spirited book discussions. Blessed with many friends and associates, Margaretmary was a member of the College Club, Women's Literary Union, Advisory Board of Portland Stage and Portland Players, Applegate Board of Directors, the Sandpiper Book Club, several bridge groups, the Out-to-Lunch Bunch, the Breakfast Club and the Ladies who Lunch. She was an avid reader, animal lover, Jeopardy aficionado, and loved movies, concerts, plays, and museums.

Margaretmary was blessed with many dear and cherished friends. They supported her throughout her life, and were there with her during her struggles over the last year. Their love and devotion will always be remembered!

Margaretmary is survived by her niece and husband Marycatherine (Foley) and Peter Rowan, and their sons Andrew and Daniel, of Vermont; niece Kerry (McCann) and husband Michael Schnell, of New Hampshire, and their children Matthew and Amanda; niece and husband Jane (McCann) and Michael DiPietro, and their daughter Mary, of Cape Elizabeth; niece and husband Cathyann (McCann) and Matthew Ray, of Florida, and their children Callie, Madeline, and Jack; and nephew Bradley McCann, of Portland. In addition, she is survived by loving members of the Hemond and Staples families and countless friends, cousins and former students. She will also be greatly missed by her cherished dog "Honey."

In addition to her parents Carl (C.F.) and Helen, Margaretmary was also predeceased by her dear sisters Dorothy and Elizabeth "Bibi" McCann and Catherine (McCann) Foley and husband, Peter; her loving brother Carl and wife, Ann; and sister-in-law Joyce (Bradley) McCann.

Visiting hours will be Thursday, Feb. 23, from 4-8 p.m. at the Conroy-Tully Walker South Portland Chapel,

1024 Broadway, South Portland. A Mass of Christian Burial will be celebrated Friday, Feb. 24, at 11 a.m. at St. Pius X Church, 492 Ocean Ave., Portland. Following the Mass, a luncheon will be held where friends and family are encouraged to share stories, poems or readings to celebrate Margaretmary's rich and happy life! Interment was held Saturday, February 25, at 10 a.m. at Calvary Cemetery, Broadway, South Portland. To view Margaretmary's memorial page or to share an online condolence, please visit: www.ConroyTullyWalker.com.

In lieu of flowers, donations may be made in Margaretmary's name to Hospice of Southern Maine, or Harvest Hills Animal Shelter, or Portland High School Scholarship Fund



Robert M. Everest Sr., 80, passed away peacefully Monday, February 13, 2017, at Maine Medical Center, surrounded by his loving family. Born in Portland on December 12, 1936, Bob was the son of the late Edward and Kathleen (Mitcheson) Everest.

He graduated from Deering High School Class of 1955 and honorably served his country in the United States Navy during the Korean conflict.

On July 11, 1959, Bob married the love of his life, Barbara Meehan. Together, they shared nearly 41 years of marriage until Barbara's passing in 2000. Bob and Barbara set a wonderful example for their children by their unwavering devotion and commitment to one another.

Bob was a top producer at Roberts Office Supply for many years. His strong work ethic earned him the recognition of Top Salesman for several years, including one year earning an all-expenses paid trip to Hawaii, a trip he and Barbara would always

remember. His territory was the mid-coast region of Maine, and occasionally he would bring his family along and make it a "work and play" stay at the Trade Winds Inn in Rockland.

At the age of 59, Bob chose to go back to college and attain his bachelor's degree from the University Of Maine, something he had always wanted to do. Following his college graduation, Bob worked for UNUM until his retirement in 2002.

Bob believed in volunteering, and for many years he volunteered for the Jerry Lewis Telethon at the local TV station. He also was post commander of the Amvets Charles J. Loring Post 25, and a member of the Portland Eagles Casco Aerie #565.

He enjoyed golfing, swimming, camping, and dancing. But most of all, he loved spending time with his family. Bob always put family first, above all else. He adored his 13 grandchildren and 10 great-grandchildren, who lovingly referred to him as "Baboo."

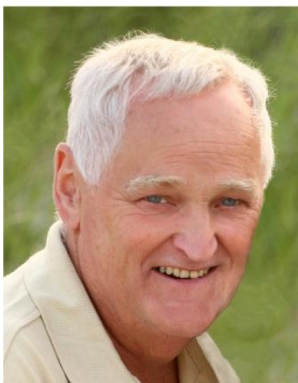
Bob always will be remembered for being an incredibly generous person, loving his family dearly, and being the "life of the party!"

He is survived by his beloved children: Elizabeth Dexter and husband Jeffrey, of Portland; Nadine Sawtelle and husband Ron, of Gorham; Robert Everest Jr. and wife Bridget, of Westbrook; and John Everest and wife Sue, of Kennebunk; sister, Patricia Low, of South Carolina; and brother, Edward "Ted" Everest and wife Linda, of Old Orchard Beach. He also is survived by his grandchildren, great-grandchildren, and many nieces, nephews and extended family members.

Visiting hours were held Friday, February 17 from 4-7 p.m. at the Conroy-Tully Walker Funeral Home, 172 State St., Portland. Prayers were recited at the funeral home on Saturday at 9:15 a.m., followed by a 10 a.m. Mass of Christian Burial at St. Joseph's Church, 673 Stevens Ave., Portland. Interment with military honors will follow at Calvary Cemetery, Broadway, South Portland. To view Bob's memorial page or to share an online condolence, please visit: www.ConroyTullyWalker.com.

In lieu of flowers, memorial donations may be made to the Maine Veterans Home

290 U.S. Route 1, Scarborough, ME 04074



Stoddard E. Chaplin, Jr., 77, of Biddeford, died peacefully Friday February 17, 2017 at the Gosnell Memorial Hospice House in Scarborough. With him was his wife of 55 years and his loving family. He was born August 6, 1939 in Arlington MA, a son of Stoddard E. and Bernice A. (Choate) Chaplin, Sr.

He grew up in Arlington, MA and graduated from High School with the class of 1957. After graduation, he enlisted in the United States Air Force and was stationed, in Maine, at the Charleston Air Force Station, where he would serve over five years. It was during this time that he met Sheila Zwicker in Dover-Foxcroft, Maine. The two would marry on July 01, 1961.

In 1962, Stod moved to Massachusetts with his wife and newborn son. It was here that he began a long and impressive work history beginning as a computer

technician at the M.I.T Lincoln Lab in Bedford, MA., as a programmer at Mitre in Burlington, MA and as a scientific programmer at Avco in Lowell, MA. He also earned an Associate's Degree in Electrical Engineering at Lowell Tech.

In 1968, he moved his family, now including a young daughter, to Biddeford, ME. Once settled, Stoddard began a 15 year career with General Electric, Co. in South Portland, ME and continued his education at Husson College earning a Bachelor's Degree in Business Administration. His family continued to grow with the addition of another son and another daughter. He was last employed at UNUM for 15 years as a systems analyst, retiring in 2000.

Outside of work Stod was an enthusiastic and active member of the Maine Coast Running Club and UNUM Track Team. He served as race director for the Maine Coast Marathon, the Pumpkin Race, the Kerryman's Pub Race and Doc's Tavern Race to name a few. He, too, was a marathon runner completing the Maine Coast and Montreal Marathons. And later, became a triathlete completing five triathlons. Stoddard enjoyed all types of art and crafts. He was painter, sculptor and potter. Most recently Stod developed a love for working with glass. He created many beautiful pieces of custom glass jewelry along with stained glass window hangings.

Stod enjoyed traveling with his wife Sheila. The two enjoyed domestic travel to Seattle, Hawaii, New Orleans, New York City, Brooklyn and Philadelphia and international adventures to Paris, Italy, Australia, Mexico and Aruba. Their last trip was a river cruise through Europe, beginning in Amsterdam and ending in Basel, Switzerland.

With his family, he enjoyed going to their remote camp near Greenville, ME to swim, boat and hike. He also loved the beach spending many days at the Biddeford Pool bath house body surfing and building sandcastles for his grandchildren.

He was preceded in death by a sister: Marilyn Hezlitt

Surviving are: His wife of 55 years, Sheila Chaplin of Biddeford, ME; 4 children: Tracy Chaplin of Biddeford, ME, Tamara Phillips and her husband Gray of Biddeford, ME, Jeffrey Chaplin and his wife Jaclyn of Saco, ME and Jennifer Chaplin and Brian Bernier of Alfred, ME.

7 grandchildren: Travis and Nicholas Phillips; Brianna and Andrew Bernier; Olivia and Natalie Chaplin and Morgan Rochefort. 2 sisters: Bernice Hezlitt of Tucson, AZ and Barbara Chamberlain of Burlington, MA; 1 brother: James Chaplin of N. Chelmsford, MA and many nieces and nephews

In accordance with Stoddard's wishes, there were no funeral. He has been cremated and will be interred at a private family ceremony in the spring. Visiting hours and a remembrance of Stod were held on Wednesday, February 22, 2017 at Hope Memorial Chapel 480 Elm Street, Biddeford, ME 04005. In lieu of flowers, donations in Stoddard's name may be made to Gosnell Memorial Hospice House, 11 Hunnewell Rd., Scarborough, ME 04074 or to the New England Cancer Specialists, 2 Independence Drive, Kennebunk, ME 04043. Arrangements are by Hope Memorial Chapel.



Hazel Meserve, 94, died Friday, February 17, 2017, at the Gorham House.

She was born August 13, 1922, the daughter of Henry and Doris (Katon) Emery. Hazel grew up in Buxton and attended the one-room school house at Dearborn Hill. She graduated two years early from Buxton High School in 1938. Hazel went on to attend the University of Southern Maine and enjoyed a 22-year career at Unum where she retired as the supervisor of insurance adjusters.

Hazel loved traveling with her husband Les, with whom she wintered in Lehigh Acres, Florida, for 18 years.

She was a 16-year resident of the Gorham House where she was very entrenched in the community, working with activities and scholarship committees and helping to organize the Itsy-Bitsy Store.

Hazel will be remembered as a generous woman who was a mother to everyone.

She had a passion for taking care of others, raising several foster children, and looking after fellow residents and staff at the Gorham House.

In addition to her parents, Hazel was predeceased by her loving husband of 61 years, Leslie "Les" Meserve; and siblings, Robert Emery, and Mildred Ramsey.

She is survived by her son Kenneth White and his wife Annette, of New Gloucester; special niece Claudia

Treadwell and her husband Gerry, of Buxton; brothers, Louis Emery and his wife Lucille, of Buxton; and Bruce Emery, of Buxton; grandchildren, Kimberly White and Kristen Woerner and her husband Will; great-grandchildren, Eric and Eleanor Woerner, Thomas Welch III, and Jayson and Dominic Milyaro several nieces and nephews; her adopted family, Poth, Ta, Sambath, and Vichica; and her special family at the Gorham House.

A funeral service was held Friday, February 24, 2017, at noon at the Gorham Chapel of Dolby Funeral Chapels, 76 State Street Gorham. An hour of visitation was held prior to the service. Interment will follow at Brooklawn Memorial Park, 2002 Congress Street, Portland. Following interment, a reception was held at the Gorham House. To express condolences or to participate in Hazel's online tribute, please visit: www.dolbyfuneralchapels.com.

Those wishing to remember Hazel may make gifts in her name to the Gorham House Activities or Scholarship Fund

50 New Portland Road

Gorham, ME 04038, or

Compassus Hospice

23 Spring Street, Scarborough, ME 04074



Patricia Ann (Carpenter) Haskell, 83, went peacefully to her heavenly home on March 2, 2017 surrounded by her family.

She was born on July 31, 1933 in Waterboro to Austin and Helen (Meserve) Carpenter.

Pat was raised on the family farm in Waterboro and graduated from Waterboro High School in 1951. She attended Gray Business School in Portland and later went to work for Union Mutual Insurance Company. She married Lloyd B. Haskell, Jr. in 1958 and they had three sons. After her husband's death in Vietnam in 1966 she moved with her sons to Portland and spent the next 48 years living there. She worked for many years as a secretary at the Boy Scouts of America regional office and later for the Portland School Department.

She was a devout Christian and longtime member of the North Deering Congregational Church.

Pat enjoyed spending summers at the family camp on Ossipee Lake in Waterboro, volunteering at her church, and spending time with her closest friends. She felt blessed to be 'Nana' to her grandchildren and many others. She is lovingly remembered for her sense of humor, kindness, and big heart.

She is survived by her three sons; Eugene and wife Pamela of Grand Forks, ND, Neil and wife Anne of Portland, Dana and wife Karen of Fredericksburg, VA and grandchildren Ashley (Mark) Bowlin, Christopher (April) Haskell, Andrea (Christopher) Liptrot, Stephanie (Nicholas) Anania, Matthew Haskell, Rebekah Haskell, Russell Mize, Kenneth (Krystal) Mize, and numerous great grandchildren. She was predeceased by her parents, her husband, and her brother Gordon Carpenter.

The family would like to extend their heartfelt thanks and appreciation to the staff of the Oxford unit at The Gorham House for their wonderful, loving care.

The family friends celebrated Patricia's life on Monday March 6th from 4:00 to 7:00 pm at Jones, Rich & Barnes Funeral Home, 199 Woodford St, Portland ME 04103. A Funeral Service was celebrated on Tuesday March 7th at 11:00am at North Deering Congregational Church on 1364 Washington Ave. in Portland.

Donations may be made in Patricia's memory to The Center for Grieving Children, 555 Forest Ave, Portland, ME 0410

Louise Ellen Durgin, 81, passed away peacefully, March 19, 2017, at the Gosnell Memorial Hospice House, surrounded by family. Louise was born October 20, 1935, in South Portland, the second child of Ira E. Durgin and Edith Cook Durgin.

Louise was predeceased by her parents, brothers Kenneth and Alan, and sisters Marjorie Goodrich and Kathleen Pearson.

She is survived by two sisters, Nancy Blaisdell and husband Paul, of South Portland; and Janice Purington and husband Sam, of Buckland, Mass.; one sister-in-law, Gloria Durgin, of Saco; and many nephews and nieces.

The family moved to Scarborough in 1941, where Louise attended school and graduated in 1953 from Scarborough High School. Louise was employed by UNUM (Union Mutual) from 1953 to 1994.

Louise enjoyed traveling, visiting all of the contiguous 48 states. Louise always took great pleasure in making random, unexpected gifts to family members.

Following Louise's wishes, all services are private.

If planning an expression of sympathy, please consider the Tri for a Cure,

Make a Wish Foundation, or Gosnell Memorial Hospice House



John C. Andrews Jr. died peacefully at Togus Springs Hospice on March 21, 2017. He was born on Jan. 14, 1929, in Providence, RI, the son of John C. and Mary E (Donoghue) Andrews. John was educated in the Augusta school system graduating from Cony High School in 1947. This was followed by a post-graduate year at Hebron Academy before proudly entering Brown University. While at Cony, he lettered in football, basketball, track and was vice president of the senior class.

After two years at Brown, John was drafted into the United States Army Medical Corp serving at Lettermen Hospital in San Francisco and in Germany operating Hospital Trains. He was a proud member of the 325th Hospital Train. While in the Army, John married Janice

Milliken on Oct. 13, 1951, and she joined him in Germany for a year. John and Jan shared many adventures in Germany and had fond memories of their time there. On John's release from active duty, he was employed by Dun and Bradstreet, first in Providence, RI and later in Portland. In 1955 John went into the insurance industry working for the Paul Revere Life Insurance Company in Worcester, Mass. for 33 years. At that time, John and Janice lived in Princeton, Mass. John served the town for 12 years as an assessor followed by one term as a selectman.

Upon retirement from Paul Revere, John joined Unum in Portland as Director of Individual Underwriting retiring in 1994. John enjoyed working for Unum and kept in touch with many of his co-workers over the years. He loved sharing a meal, stories and laughs with these friends. While working in Portland he lived in North Yarmouth and truly loved living there.

In 2004 John came back 'home' to Augusta to be closer to his beloved sister Jean. John became the chauffeur to Janice and Jean on more adventures and many lunch and dinner dates together. The trio loved going out together and discovering new restaurants and sites to see! John did not like to sit still and was always ready to go!

John was a firm believer in living life to the fullest and having 'quality of life' - he encouraged all of his friends and neighbors to live this way, too. Anyone who was lucky enough to know John was touched by his immense desire to live independently and enjoy each day for what it brought to him. Because of this strong spirit and independence, John was able to live in his own home up until the last week of his life which made him both very proud and happy.

John enjoyed the little things in life: a good meal, fresh vegetables, summer sunshine, being close to the ocean, restoring antique autos, attending auctions, riding in one of his antique cars in the Old Hallowell Day parade throwing loads of candy onto the streets, reading the newspaper, watching the Today Show, tuning in to 'his cooking shows' on Saturday afternoons, strolling the aisles of Hannaford to gather groceries and chat with friends, sharing holidays with friends and talking to neighbors on his street. John had a gift for easily engaging everyone he came in contact with in conversation, smiles and laughter.

John was predeceased by his parents; his wife, Janice, and his sister Jean.

John would like to thank all of his caregivers during the last few years who helped him immensely. He treasured his Sunday conversations with a special nephew, Bill Milliken. Bill was a great sounding board and always gave John 'good advice'. John enjoyed good times with Bill and his family. John was lucky to

live near some very special neighbors, Delaine, Rachel and Tim, who were always there for him with a delicious meal or a helping hand. He particularly would like to thank Jeff and Sandy Belanger who were always there for him and helped him to live independently at his own home. John fondly called him 'Jefferson' and declared he was his 'main Man'.

There will be a graveside service in the spring at the new Maine Veterans Memorial Cemetery, Mount Vernon Road in Augusta.

Arrangements are in the care of Knowlton and Hewins Funeral Home, One Church St., Augusta where condolences, memories and photos may be shared with the family on the obituary page of the website at www.khrfuneralhomes.com

Because he loved animals and had many pets throughout his life, memorial donations in John's memory may be made to:

Kennebec Valley Humane Society

10 Pet Haven Lane, Augusta ME 04330

We do our best at trying to print all Unum obituaries. If you know of any that we might not have picked up, PLEASE notify us. Pam Libby at rlliby5@maine.rr.com OR Leo Lamoureux at leonlam@roadrunner.com

A Story About Tea

by John Copeland

For those few of us who like our martinis stirred not shaken, and hate coffee, there is a cup of hot tea. Tea is made from the fermented leaves of the *Camellia Senensis* bush. There are many varieties of tea but they all originate with the same plant - the Camellia. What distinguishes them are the soils they grow in, in the elevation and the process of fermentation they go through. The leaf when small, young and tender creates a finer tea drink. Older full-size leaves produce most of the commercial tea you buy in the grocery store. And the reason the tea in tea bags infuses your hot water so quickly is - it is tea dust. What is left over from the leaf processing, or just ground up for tea bags.

Here are some terms you will read:

- *White tea* - White tea is the rarest, most delicate and most expensive tea. It is plucked by hand when the first leaf bud appears and before the leaf unfolds. That is a two day window. The leaf is about the size of the nail on your little finger. It is mostly harvested in the Fujian Province of China. It costs about \$10 an ounce.
- *Green tea* - Green tea uses less fermentation and therefore the leaf is still green when processed. The beverage is light, pale green. The leaves are dried in sunlight, and then heated in large pans to stop the fermentation process early. The leaves are then continuously rolled into balls and then re-heated for several hours to remove any remaining moisture.
- *Oolong tea* - Oolong is semi-fermented (mid-way from green to black) and mostly processed in China and Taiwan (Formosa). After initial drying in sunlight the leaves are shaken in large bamboo baskets to bruise the leaves which hastens the fermentation process. After the leaf turns slightly reddish the leaves are heated to stop the fermentation process.
- *Black tea* - Black tea is like the other two but the bruising of the tea leaves is allowed to go on longer and the fermentation process more complete before the leaves are heated and the process stopped. Black tea is the most popular and almost all tea bags contain black tea.
- *Pu-erh (Organic Pu-erh)* simple means the tea leaves are piled up in a basket and allowed to ferment without an intervention until they are black. It adds a certain earthy flavor to the leaves.



The tea leaves currently in my cupboard are all black because that's what I drink. They are:

- **Organic Pu-erh**, a leaf from Yunan Province, China. Dark and complex beverage.

- **Darjeeling** -Superb 6000 grown in the Muscated Valley section of the Goomtee Estate in the Himalayas near Darjeeling, India. The leaves are the first tender shoots of young plants. Lighter gold color with floral bouquet.
- **Formosa Oolong** - is called the "Champaign of Teas". It is only picked once a year when the flavor is highest. Some describe the flavor as a hint of ripe peaches. A mild reddish color beverage and very relaxing to drink.
- **Pochong Oolong** - Sweet Jade Dew. The process is slightly different in that it is hand rolled multiple times to continue the fermentation process. It has a slightly sweet flavor with lilac notes. This is also a Formosa grown tea from high in the mountains.
- **Assam**- is the Indian tea used in almost all commercial blends. It is strong, dark color and has a full flavor. I buy pure Assam rather than a blend for those mornings I want a cup with authority.

There are several tea importers on the east coast and west coast but the one I have used for the past 20 years is Grace Tea Company. Google them. If \$15 for an 8 ounce bag of tea seems expensive, a cup of tea works out to less than 10 cents.

John's comment in his email to me was "I guess it falls in the category of things we do after retirement. I still write. Research and write."

Reprinted from the April 2007 Headlighters News



Florida Meeting by **Ernie Ryder**

The Florida UNUM retiree group met at 11a.m. on Friday, March 23, 2007 at the Peridia Golf & Country Club for adult refreshments and lunch at noon.



L. to R. D. MacWilliams, N. MacWilliams, L. Smith, D. Smith, T. Morris, R. Gregoire

The group was smaller by the passing of our friends Bill Kourakos and Jan Carroll. Also greatly missed were the Babinos and Burwells who had medical issues. The Tullochs, Carlisses, Hewitts, and Kennistons had last minute company or conflicts. We were all happy to see our senior member Lyman Haskell who is now 91. John Copeland still can't get over the calculator Lyman wouldn't give him when Lyman was Agency Secretary and in charge of field facilities and furniture & equipment! It may be the reason why Union Mutual was so financially stable in those days!

The two \$50 L.L.Bean certificates were won by John Copeland and Joanne Ryder. John can finally get his calculator! Joe Guay, a friend of Lyman's and chauffeur won one drawing but was kind enough to return it for a second drawing.

The food was great and the fellowship, family up-dates and several jokes were entertaining.

Unum Retirees Website <http://www.unumretirees.org/>

Current Webmaster: Bob Wooten (rwooten1@maine.rr.com)

Welcome We are a social group that also encourages volunteerism.

Unum Retirees Board Members (Name, function, contact information)

UNUM RETIREES BENEFIT INFORMATION

Retiree Benefits Described on the Unum Website This has all retiree plan booklets. *Note that some plan benefits are different based on year retired.*

Contacts From the Unum Website This includes shortcuts when making calls.

Telephone Contacts Include:

Pension and Life -- important contact	Towers Watson	800-678-2436
Medical	UnitedHealthcare	855-868-6663
	Aetna	800-438-2602
	Cigna	800-244-6224
Prescription Drugs	Caremark	877-860-6415
	Aetna	800-238-6279
	Cigna	800-244-6224
Dental	Ameritas	800-487-5553
	Cigna	800-244-6224
Long Term Care	Unum	800-277-4165
401k	Fidelity	877-220-4015

NOTE: Towers Watson at 800-678-2436 is a particularly good resource. They manage all the enrollments for our retirees and have basic info on all our benefits. As needed, they can do research or put the retiree in contact with the right provider (e.g. UnitedHealthcare or Aetna or Cigna or Caremark).

Unum HR Contact:

It is important that plan members first call Towers Watson or one of the carriers (medical or pharmacy) directly if an issue arises. If the provider or Towers Watson is unable to resolve the issue then retirees (or their family members) should contact Unum HR for assistance. Our contact is the HR Response Team, they can be reached at 207-575-0500 Option 6 or HRinfo@unum.com

Newsletters (going back to November 2009)

Volunteer Contacts in Non-Profit Agencies

Unum's Volunteer Service Grant Program: Unum will donate \$1 per hour for volunteer work for a 501C3 (non-profit) firm.

Please Keep Track of your Volunteer Hours

By-Laws

Answers to the trivia game:

1. C. John and Mary
2. A. Buttermilk
3. C. a four-story Georgian-style home in MO
4. A. cocker spaniel
5. B. Day
6. A. congressman from Wyoming
7. A. 1971
8. B. pronghorn antelope
9. C. ruby
10. C. a murder
11. A. 1966
12. B. Crimean War
13. A. an abolitionist
14. A. 4 tons
15. C. quadrupled
16. A. Lake Havasu City, Arizona
17. B. state treasurer of Texas
18. A. 8 a.m.
19. C. the treasury building
20. A. 0
21. B. 5 ounces of beer
22. D. the square root of any negative real number
23. B. cocaine
24. A. 1920s
25. C. kangaroo
26. Who was the first president of Union Mutual? Elijah Pratt
27. What year was Union Mutual organized? 1848
28. When did Union Mutual move to Portland, ME? 1881
29. When was the company converted to a public company? Jan 1985
30. What month and year was the company first traded on the NYSE? November 1986