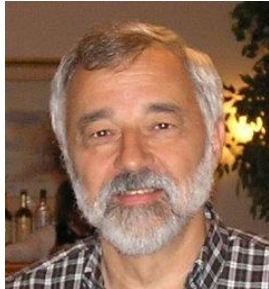




## **Words from the Chair**



If you know of any recent retirees who may not be aware of the organization, let them know about us and how they can join by contacting us through the website: [www.unumretirees.org](http://www.unumretirees.org) or by contacting Bruce Theriault at (207) 749-2712 or [mainebt@roadrunner.com](mailto:mainebt@roadrunner.com).

As you may have noticed we opted for 2 picnics on May 23 and August 22 and a lunch/annual meeting on October 25 which is scheduled for the Elks club. We are planning on a speaker who will advise us about investment planning and tax concerns.

We have also added a newsletter in February to stay in touch and gather articles of interest from our members. We have nearly 600 members on our roster. In our last email we had quite a number of rejections. Please send an email to Bruce ([mainebt@roadrunner.com](mailto:mainebt@roadrunner.com)) with any change in address, email, and telephone number.

We could use some additional members on the board. Perhaps you have some ideas that would make the organization even better. Please send me a note if you would like to attend a board meeting to see how you might be able to contribute. If you come, there is no commitment as we would like to see you. Contact me at [caperioux@gmail.com](mailto:caperioux@gmail.com). Meeting dates: 10/10, and 11/7. We go out for lunch after these meetings.

We are looking for feedback about the organization please send any feedback about additional information we can share about the organization. We are here to serve you. Thankfully UNUM continues to provide funds to support our efforts.

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## **From the Editor**

Thank you so much to those that contributed to this edition! I received great feedback and ideas to keep our newsletter interesting. I hope you enjoy this edition and remember; this newsletter is for YOU so please contribute your articles and/or ideas to make this the newsletter one we all can enjoy. You can reach me at [cpascoe@maine.rr.com](mailto:cpascoe@maine.rr.com).

Thank you, Connie Pascoe, Editor.

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## **Membership**

By Bruce Theriault

Currently, Unum retirees learn about us by word of mouth. While we are working to change that, we still need to rely on you, our members, to get the word out. And you have come through with 16 new members so far this summer! On occasion, we lose contact with members. This can be due to people moving, changing phone numbers, or changing email addresses. Please be sure to reach out to the membership chair, currently me, to keep your information up to date. Keep up the good work in letting other Unum retirees know about the group. Our web page is [unumretirees.org](http://unumretirees.org); send them there for more information.

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## Important Dates for 2023

### Annual Meeting Reminder

Mark your calendars for **Wednesday, October 25, 11-2** for the UNUM Retiree Annual Meeting. We received a lot of positive feedback on last year's meeting held at the Elks Lodge on Congress St in Portland, so we are holding it there again this year. Please join us – it's a great opportunity to visit with past coworkers and other UNUM friends, enjoy a good meal and hear interesting speakers. Invitations with cost and food choices will be sent out in early October, so be on the lookout.

We hope to see many of you there!

### 2023 Unum Blood Drives:

September 19th

December 20<sup>th</sup>

*Note - If you are willing to help out with the Unum Blood Drives, please contact Connie Pascoe at [cpascoe@maine.rr.com](mailto:cpascoe@maine.rr.com)*

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## The Picnic

We did it again; another great picnic! Our 2nd summer picnic was held on August 22. 70+ Unum retirees gathered at Two Lights State Park on perhaps the best weather day of our summer here in Maine! There were a number of new faces and from the reactions of many, a number of reconnections amongst former coworkers. Everyone seemed very upbeat, and the conversation flowed!

We drew 5 raffle tickets again, with the recipients selecting the charity of their choice for a \$50 donation made in their name. The recipients and selected charities were:

Nancy Ashley - American Cancer Society of Me

Gary Akevenko - The Hill Arts

Brenda Merry - Maine Adaptive Sports and Recreation

Darlene Junkins - Jimmy Burrill Memorial Baseball Scholarship

Bernie Gaines - Saco Food Pantry Inc.

Thank you to all involved with the planning and set-up and to all the attendees!



Checking in with Linda Robichaud



A lot of catching up going on here!



More catching up!



Roger providing an update and starting the raffle.



Lunch being served.



Ann Waecker, Bruce & Linda Theriault,  
Sadie Bugbee, Donna Farrington



Cindy Vachon, Brenda Merry, Jan Vachon



Ellen Burrill, Linda Liberty, Linda Stevens, Sylvia  
Parks, Debbie Littlefield, Beth Reny, Darlene Junkins



Michelle McNutt, Sue Burgess, Kathi Foye, Sandy & Al Utterstrom, Aron Storck, Carolyn Gavitt, Toni Robie



Linda Theriault, Bob Wooten, Theresa Mackensie, Bruce Theriault



Ted Bernard, Gail Kalloch, Helena Cook, Ron & Jennifer Sturzenburger, Bernie Gaines



Bonnie Bouchard, Connie Pascoe, Karen Alling, Sandy Small, Theresa Jackson, Dan Bouchard

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### Helpful numbers

By Theresa Jackson

Do you have questions on your life insurance or retirement benefits and can't seem to find a resource to help? Of course, the best resource is looking through your paperwork and finding answers/resources there, but sometimes that information is not easily available. The UNUM Benefit Service Center is reached at 1-800-678-2436 and may be a good place to start with your questions. Depending on your retirement date and type of question, they may refer you to another resource for assistance.

For some retirees who chose to convert their group life insurance to an individual policy at retirement, another resource available would be to call 1-800-421-0344 for assistance.

For those who have enrolled in healthcare coverage through "One Exchange", now called "VIA Benefits", they can be reached at 877-485-7131. If you are not enrolled through VIA Benefits or have an issue that cannot be resolved, you can contact the HR Response Team at [HRinfo@unum.com](mailto:HRinfo@unum.com) or 207-575-0500.

It's a good idea to include the above resource information for family to access along with all of your other important papers related to retirement, investments, life insurance, wills, etc.

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## Get to Know Your Fellow Retirees

I've received feedback that some of you are enjoying reading what others have been doing since they retired. Please watch your inbox in case you are selected for a future issue!

### Kristene Miller

Kris retired in 2014, after working at Unum for 40 years. Kris said "Enjoying every day, like every day is Saturday. I spend 6 weeks every winter in Florida to get some sun and a break from the cold and snow. I have more time to garden, spend more time at our camp in Rangeley, joined a bowling league and read more than I ever did before retirement. I am also on the Distribution Team for the Gorham Times. It is a local paper here in Gorham and all the members of the team are volunteers. I have the downtown route that consists of 500 papers and 30 stops."

### Karen Witham

My name is Karen (Aaskov) Witham, and I began working at Union Mutual, 400 Congress Street, in 1967 in the Medical Department. When 1999 rolled around and those over the age of 50 were offered the early retirement package, I raised my hand. But I must add that I loved every minute of my job and all the people I came in contact with, as well as the flexibility the company offered me with a growing family of three daughters. I was able to work in the Word Processing department at night for over 8 years, then back to Medical part time, and ending my career in HR – Health, Safety, and Wellness with a major focus on ergonomics.

In 2000, I began my 13-year retirement job with the Spurwink Child Abuse Program; its mission -- making sure Maine kids are safe. Thankfully, I never missed a Unum retiree luncheon because they were right around the corner at Keeley's Banquet Center.

Retirement has been very good to my husband, Bob, and me. We take a yearly trip through AAA/ Collette travel to Europe or the US, and our whole family has spent a week at Peaks Island for the past 15 years. I love the State of Maine and all it offers – hiking, walking, snowshoeing, biking, and kayaking. I am especially grateful for always being in contact with my fellow Unum retirees through the luncheons. A big thank you to our dedicated board leaders!!"

### Tricia Walsh

Tricia retired in July 2022, after working at Unum for 37 years. Tricia said "Retirement has been wonderful! I have seven grandchildren, with two more on the way, all local, so that can sometimes keep me pretty busy. My kids know I am not committing to regular childcare coverage - I'm too busy, however, certainly love to help them out when I can - they preferred me working LOL. Greg, my partner of 14 years, and I, finally had the time to look for a new home. We moved to the sunny South, just kidding, one mile down the road from Old Orchard Beach to Saco, within 6 months of retirement. We traded in a forty-year-old house for a four-year-old home with significantly less maintenance. It was lovely to have the time to methodically declutter; we LOVE our new home. After settling in our new home, it was time to play! My winter and spring included three separate trips to Florida to visit extended family & friends, plus a family trip, California for a wedding, Downeast Maine hiking along the rocky coast at Quoddy Head Lighthouse plus a visit to Campobello, and travelling to Quebec City. While I enjoyed all of these trips - Maine adventures always come out on top. Despite the less-than-ideal weather in Maine this summer, I have been enjoying as much outdoor music and dancing as possible - the Royal Anchor Resort Tiki Bar right on Old Orchard Beach is my favorite. Additionally, I had wanted to start playing Pickleball - so I did. Believe me, this changes your life. I am addicted and have so much fun playing locally and when I travel, looking for courts where I can play. Let me know if you ever want to play!

Do you all recall thinking, "when I retire, I will have so much time to do all the things I want to do"? And that your emails will not pile up. Spoiler alert: I should probably schedule time to manage my photo storage; there's still not enough time in the day to do everything that I enjoy, but it's OK, I can do it tomorrow or the next day or next week....some days I wake up with nothing to do, by the time I go to bed, I've only got half of it done! I hope everyone is enjoying retirement as much as I am! "

### **John Thompson**

John retired in 2003, after working at Unum for 21 years. John said "I bought a motor home, and we are having a ball with it.

I am a two-time kidney transplant survivor, first in 1992 and second on April 12, 2023.

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## **The Ring at Higgins Beach**

By Karen Witham

If anyone remembers the Funchat Club at Union Mutual in the late 60's, I have a story:

To back up a little, my boyfriend (future husband Bob Witham) and I were at Higgins Beach in 1965. He was sifting through the sand when his fingers hit a small hard object – an antique gold lover's knot ring with a small diamond in the center. He tossed it to me with a quip – "this is for you; it may be the only ring I give you."

In 1968, Union Mutual's Funchat Club chartered a bus for a weekend trip to New York City. There were a few extra seats, so employees could invite a friend. Before the bus left Portland, I was kneeling on my seat, my hands on the back of the seat, talking with one of the guests (Sally Oppedisano). Sally looked at my ring and said, "That's a lovely ring. I lost one just like it at Higgins Beach three years ago." We began sharing notes and sure enough, it was Sally's long-lost ring – a treasured gift from her great aunt. The moment of returning the ring was bittersweet, but I was happy to find its rightful owner.

It wasn't the only ring Bob gave me. A few years later with a creative jeweler, the lover's knot became my engagement ring which we still celebrate 53 years later. This story caught the attention of the Portland Press Herald, and they ran the story – "Add Two Knots, Get One I Will."

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## **Neuroplasticity**

By Connie Pascoe

Are you familiar with the word "neuroplasticity"? One of my favorite words! But what is it?

Neuroplasticity is the ability for the brain to continue to grow and evolve, to modify its neuron connections. The neurons are the nerve cells that are the building blocks of the brain and nervous system. Prior to the discovery of neuroplasticity, in the 60's, the belief was that changes in the brain only took place during infancy and childhood. Now we know that isn't true; you can continue to strengthen the neurons in your brain throughout your life. Exercising your brain will increase the strength, similar to physical exercises strengthening your body.

Many people think they are exercising their brain by doing crossword puzzles or other word games. While those are good for you, doing them repetitively will decrease how much brain exercise you are actually getting. You need to do more. Here are a few other things you can do:

- Periodically try brushing your teeth or washing the dishes with your opposite hand.

- Rewrite a paragraph from a book or the newspaper with your opposite hand.
- Listen to music while you are doing other tasks, for example while you are cooking or cleaning. This multi-tasking will make your brain work in two directions at the same time.
- Look at the year on a coin and think back to something significant that happened to you in that year.
- Look at a very simple picture from a magazine (or a grandchild's coloring book). Redraw the mirror image, using your dominate hand.
- Learn something new; a new craft, how to play an instrument, a new language.
- Travel, explore, discover.
- Take a class on a new topic & converse with others.
- Drive a different route to a common destination.
- Shop in a different grocery store where you don't know your way around.

I'm sure many of you will agree that as we age, we need to keep our brains active. I hope some of these tips will help.

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## **Living with COPD (Chronic Obstructive Pulmonary Disease)**

By Deborah F. Coward ([trubrit@trubritrealty.com](mailto:trubrit@trubritrealty.com))

I remember years and years ago (I was very pregnant with my third and last child who turns 35 in September so you get my point) going to a meeting in HO2 and walking back to HO1; and just couldn't get my breath. As I look back, that was probably the first warning sign that something untoward was going on. As it was, I sat down on the grass to catch my breath and was pulled back to my feet by my fellow attendee and dear friend, Susan Steele (known to many of you).

I've never been the type of person who enjoyed exercise -a nice walk to me was down the length of my one block street and back so apart from an occasional shortage of breath life continued with no major upsets and concerns. Weight was never an issue, so I just ignored the fact that the rest of the world exercised every once in a while.

Then one day a few years ago I realized I was having difficulty catching my breath more often and decided to go to the doctor. While chatting with the nurse, I said to her – you know where I live? And she said yes, and I said I can't walk to the end of my street without stopping for breath – is that a problem? And she said yes, definitely and I started thinking about the fact that the shortage of breath was much more frequent these days and it was probably not a bad thing that I was in the doctor's office!

Tests, tests, and more tests. The most annoying thing was being constantly asked how many cigarettes I had smoked. I NEVER have smoked – done many things but that wasn't one I had to answer for! At the end of all of this I was diagnosed with Chronic Obstructive Pulmonary Disease – COPD – almost certainly as a result of secondhand smoke as my father was a heavy smoker (and in those days no one even questioned that smoking was safe or even socially acceptable).

The hardest thing about COPD is learning how to live with it. You can but it requires some effort and some planning and lots of support. Tom (my husband) and I live in an old multi story house and our bedroom was on the very top floor. That had to change, and we moved down to our old tv room which has the benefit of having a lovely gas fire in it! There is still one set of stairs I need to use but we had a stair glide (moving chair) installed for me to access the kitchen/dining room/laundry levels of the house. So, I just live on two floors of the house and forget the rest of it! Having a shower is quite difficult with COPD – I have a collapsible chair in our bathroom that I put in the shower so I can sit down, and I have handles to help me getting into and out of the shower. I can walk but not very far and walks need to be planned carefully to make sure I don't undertake more than I can manage. Tom takes his walking very

seriously – it is his primary method of weight control, so no more strolls with him. I can't keep up and he really can't slow down to the point where I can keep up with him without losing the benefit to him of walking – that weight control.

I now exercise twice a week pretty consistently and I believe that definitely helps to keep the COPD from taking over more than it anyway does. My pattern seems to be that I have a bad flare up a couple of times a year and have to spend a few days in hospital on oxygen. I am EXTREMELY LUCKY that I am not on oxygen all the time – many people with COPD have that added challenge I have been told that as I do not also have emphysema all things being equal supplemental oxygen is not likely to be necessary for me except on occasions. This is a source of great relief to me.

I had also fully retired from my last career (real estate sales) before this remanifested itself so didn't have to struggle with giving up a job I loved. I was ready to stop working and move into a different phase of my life.

The worst thing about it for me is that I don't look ill! I know that sounds crazy but when you look as healthy as I do and then you spend a lot of time thinking about your health and focusing on it, it makes for an odd contrast!

The really scary thing to me is that my father died when I was 13 back in 1962 and since then I have never lived with a smoker or voluntarily been around a smoker a lot but I still have COPD and it is a royal pain in the ----!

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## **Weekend trip to Chicago!**

By Thomas Bore

On July 13th I flew to Chicago to visit a friend and catch a couple of baseball games between the Red Sox and Cubs. My friend Stefanie picked me up at the airport and drove me first to visit the cemetery where Ernie Banks is buried. He was my favorite Cubs player and one of the best of all time.

Had a nice tour around the city thanks to Stefanie. The following day I took a Chicago River cruise that was excellent. The cruise went through the locks onto Lake Michigan for great views of the city skyline. The weather was hot and sunny.

Following the cruise, I took a Uber over to the famous Navy Pier and spent a few hours there.

On Saturday and Sunday afternoon I was at Wrigley Field for the baseball games, Sox lost on Saturday but won Sunday's game. It was hazy that day due to the fires in Canada. The area around Wrigley Field has changed since I was there 6 years ago. It's a great place to visit.

On my final day in Chicago, I headed downtown to visit the Willis Tower (former Sears Tower). The views from the top are breathtaking. You can walk out over the plexiglass for a great experience.

On my last night in Chicago my friend took me to a local neighborhood bar called Lotties. But to some people it's called Mollys since it's used in the TV series Chicago Fire. They rent it out after hours and film episodes of Chicago Fire there after changing the inside around plus adding all the lights etc. Since I always watch Chicago Fire it was cool to eat there.

It was a great 5-day trip thanks to Stefanie for letting me stay with her and her dog in her condo.



## Portland Public Schools Middle School Make It Happen Program is recruiting volunteer academic coaches!

### MAKE IT HAPPEN AT THE MIDDLE SCHOOL:

- Make It Happen (MIH) is an in-school and after-school program for multilingual middle school students focused on high school readiness, academic support, and enrichment opportunities. After a six-year hiatus the middle school program was reintroduced in 2022.

### YOUR ROLE AND IMPACT:

- As a volunteer, you will help students with goal setting, academic advancement, and exploration of enrichment opportunities.

- Your role will bridge a gap with many multilingual students whose families are relatively new to the U.S. and may not have the English language skills to navigate the U.S. educational system and access enrichment opportunities.

#### **PROGRAM LOGISTICS AND COMMITMENTS:**

- MIH will run from September 2023 through June 2024
- Academic coaches are invited to offer at least one afternoon per week during the following times → 3:00-4:15 on M, T, TH, F.

Your involvement in MIH is invaluable and particularly important following the difficulties of remote schooling. If you are interested in becoming an academic coach, please reach out to Naila Wissa, [wissan@portlandschools.org](mailto:wissan@portlandschools.org) with any questions you may have.

Thank you for your consideration in becoming a part of Make it Happen. It is because of your volunteerism that we are able to offer such an impactful opportunity to our students at Portland Public Schools.

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## **Obituaries**



From Smith-Corcoran Funeral Home, May 26, 2023

**Bruce M. Dominick**, 72, of Chicago and former 30-year resident of Cumberland, Maine, passed away on Sunday, May 21, 2023. He was the loving husband to the caring and devoted Judy Dominick, as they celebrate 50 years of marriage in 2023. Born in April 1951 to parents Edwin and Genevieve Dominick, Bruce was the amazingly proud father to his five boys: Tim Dominick and his wife Ann of Maryland; Keith Dominick and his wife Linda of Virginia (via Austria); Jeremy Dominick and his wife Melissa of Connecticut; Robert Dominick and his wife Sarah of Maine; and Mark Dominick and his wife Sarah of North Carolina.

To know Bruce was to know a kind and welcoming spirit, great patience, colorful stories, a calming presence and to never hear a joke's end as he laughed himself to tears prior to the punchline. Through his 40-year struggle with multiple sclerosis, he placed a strong emphasis on family and showed incredible inner strength, traits passed on to his boys.

A proud graduate of Notre Dame High School (Niles, Ill.) Class of 1969 and Northwestern University ('73), Bruce worked for nearly 40 years in a variety of roles for UNUM insurance until retiring. He often said during his time as a team manager, he learned to never underestimate the power of a word of thanks or praising a job well done. Bruce's career even included a job promotion in the 80s that led to his and Judy's East Coast adventure – a cross-country move to Maine with four kids.

As a young man, he enjoyed fishing, boating, golf, jogging and many other physical activities. He served his community in an assortment of roles, including working for the board of education, church council and coaching several of his sons' Little League teams. He also advocated for those with disabilities through his work with "Day in the Life." When MS robbed more of his physical abilities, he still loved connecting with his boys over Northwestern football, the 2010s Blackhawks dynasty, the '85 Bears, MJ's Bulls and, of course, the 2016 World Series champion Cubs.

He is survived by his sister Charmaine Slack and her husband Tim and his brother Lance Dominick and his wife Myra. He was a wonderful grandfather to Ryne, Naomi, Isabella, Sydney, Andrew, Sabrina, Spencer

and Luke. He also leaves behind memories shared with many nieces, nephews, cousins and lifelong friends.

Visitation Friday, May 26, 3-8pm at Smith-Corcoran Funeral Home, 6150 N. Cicero Ave, Chicago, IL, 60646. Funeral mass Saturday, May 27, at 10:30am at St. Ita Catholic Church, 5500 N. Broadway, Chicago, IL, 60640. Interment at Maryhill Cemetery following mass. In lieu of flowers, donations can be made to Notre Dame High School, Northwestern University or the National Multiple Sclerosis Society.

To view the Funeral Mass via Livestream, please click [here](#) and use pin 455-061.

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From the Portland Press Herald, June 11, 2023

GREENSBURG, Pa. – **Penelope Ann (Chapman) Turner** passed away on May 23, 2023, after fighting cancer for a number of years. She planned on being a miracle and that she was.

Penny was born on March 21, 1939, in Portland. She attended Portland schools graduating from Deering High School in 1956. She attended Westbrook Junior College, and Colby College. She lived her life with an intrepid spirit in a multitude of places including Maine, New York, Georgia, Virginia, Massachusetts, New Hampshire, and Pennsylvania.

Penny proudly shattered career stereotypes and set an illustrious model for her family: Junior Executive Trainor at Grover Cronin Dept. Store, Administrative Assistant to the Director of Nursing at the New England Deaconess Hospital, Claims Examiner for Union Mutual Insurance Co., Tax Preparation for a law company, Legal Secretary, Activities Director for Norwell, Full-Time Student, Counselor, Educational Youth Development Educator at UNH Cooperative Extension, and Director of the JAYS After School Program for Jeannette Middle School.

Penny was a woman of numerous hobbies for the entirety of her life. She devoted much time to her genealogical project, book club, bridge club, and many activities within her church. The most important aspect of her life was her family, teaching her children cooking, sewing, knitting, scrapbooking, crafting, canning/pickling food, gardening, and most of all loving unconditionally. Penny's "Happy Place" was at the ocean enjoying every beach she could get to walking in the sand, water, collecting sea treasures. Penny's physical presence will be terribly missed, but we know she will never leave us. We know she will live on through each and every person whose life she touched. It would be an impossible feat to ever forget her laughter, adventures, or impact on her community, friends, and family.

Penny is survived by her adoring siblings, children, grandchildren, and great-grandchildren. Penny's surviving siblings are Deborah and Fred Sprague, Linda and Phil Libby, and C. Drummond and Ellen Chapman. Her children include Sherry and Rob Warren, Kim and Chris Kolesar, and Kathy and Phi Vu; Penny's many grandchildren are Krystal and Johnny Hartwell, Justin Warren, Taylor and Colin Hausman, Kayla Kolesar, Jessie Kolesar, Jo Shirley and Chace Howard, and Amber Shirley and Chace Geheb; along with her great-grandchildren Mikey, Grace and Vincent Hartwell, and Cooper Hausman.

Penny was preceded in death by her parents Clark Drummond Chapman Jr. and Janet Kennedy Chapman.

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From Portland Press Herald, July 6, 2023

HOLLIS – **Carol I. Kuschke**, 70, of Landry Drive passed away Monday July 3, 2023, at Avita in Wells.

She was born in Presque Isle, Aug. 25, 1952, the daughter of Robert and Bette Wolverton Everett. Carol graduated from local schools and then graduated as a medical secretary from Westbrook College.

She and her family moved to California, then to Connecticut and then back to Maine. Carol worked in claims for UNUM since 1992.

She enjoyed making quilts, stamping, making lamp shades and lace curtains. Carol also enjoyed spending time at the family place at Prouts Neck. She especially enjoyed spending time with her family and grandchildren.

She is survived by her husband, David Kuschke of Hollis; a son, Joel Kuschke of Gorham; a daughter, Megan Wiedler of Williston, Vt. and her husband Steve; a brother, Steve Everett of Cumberland Foreside; and two grandchildren, Olivia and Stephen.

A memorial service will be held Saturday July 15 at 11 a.m. at Second Parish Orthodox Presbyterian Church in Scarborough, 368 Gorham Rd., Scarborough. Reception to follow at the church. Dennett, Craig and Pate Funeral Home 13 Portland Rd., Buxton are entrusted with her services.

Condolences may be post to <http://www.dcpate.com>

Memorial donations may be made in her memory to

Maine Alzheimer's Association

383 U.S. Route 1,

Scarborough, ME 04074



From Portland Press Herald, July 18, 2023

TAMPA, Fla. – **Dennis Domini**, of Tampa, Fla., passed away on July 11, 2023 after a brief illness.

He was born Dec. 18, 1949, in Portland, Maine, the only son of John and Alice Domini with three sisters, Doreen Lajoie (Ray) of Westbrook, Debra Smith (Bernie) of Westbrook and Pamela Vatulas (Greg) of Falmouth.

To say that he lived life to the fullest is an understatement. He met the person he would spend the rest of his life with 35 years ago. Their love of travel bonded them, and their adventures were epic. From the pyramids of Egypt to Jerusalem, Athens, Bangkok, Turkey and Kuala Lumpur. They did it all and at the time of his death, had a cruise planned to Antarctica to see the one continent they had left.

He worked for UNUM for 15 years and then went out on his own performing Life Contract Underwriting until his retirement. He loved gardening and got "Yard of the Month" several times. His laugh was infectious, and he left his mark on everyone that he met.

He is survived by his wife Deborah; daughters Nicole Domini of Alexandria, Va. and Michelle DiBiase of Fayetteville, N.C., and a son, Michael Domini of Westbrook; ten grandchildren; and two great-grandchildren.

There will be no visiting hours. Friends and relatives are welcome to attend a celebration of life at Bruno's Restaurant, 33 Allen Ave., Portland, ME 04103 on Saturday, August 5 from 11 a.m. – 3 p.m.

In lieu of flowers, memorial contributions may be made to:  
Metropolitan Ministries  
2002 N Florida Ave.  
Tampa, FL 33602

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From Portland Press Herald, July 20, 2023

OLD ORCHARD BEACH – **Carol E. Haibon**, 77, was born in Eastport, a daughter of Viola Mae (Farley) Cook and Guy Hildreth Cook, Sr., on Feb. 27, 1946. Ed lost his best friend and wife unexpectedly on July 14, 2023. After graduating from Shead High School in 1964, she moved to Portland where she met the love of her life. Together they had two children, Edward, and Catherine.

Carol loved cooking, sewing, reading, crossword puzzles, Jeopardy, and spending time with her family. She especially loved riding the Harley with Ed and being a member of the HOG group for 25 years.

Carol was predeceased by her parents, her brother, Guy and sisters Faye and Sylvia.

Carol is survived by her loving husband, Ed; son, Edward and his wife Mary, daughter, Catherine and son-in-law, Richard; six grandchildren, Joshua, Joanne, Hanah, Rosemary, Fallyn, and Brenna; brother, Dale H. Cook and his wife Emma Jean; and several nieces and nephews.

A Memorial Service will be held at 11 a.m. on Saturday, July 22, 2023, at Jones, Rich & Barnes Funeral Home, 199 Woodford St., Portland. Burial will be held at a later date.

The family would like to thank the Old Orchard Beach Fire Department and the Harley Owners Group for their support and friendship during this difficult time.

Please visit <http://www.jonesrichandbarnes.com> to sign Carol's online guest book.

In lieu of flowers,  
please donate to the:  
National Ostomy  
Association

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From Portland Press Herald, July 26, 2023

GORHAM – **Gina A. Stivaletti**, 61, passed away peacefully on July 23, 2023 at her home, following a 10-month long battle with cancer. She was born in Portland on Aug. 20, 1961, the oldest of four children of the late Jerry Stivaletti and Alice (Walsh) Stivaletti.

Gina graduated from Deering High School in 1979 and earned her dental hygienist degree from Westbrook College in 1981. She worked as a dental hygienist for five years and then went on to a successful 37-year career with UNUM where she was still employed at the time of her death. She earned her bachelor's degree in business administration from the University of New England while working full time at UNUM. Although she never returned to the dental field, Gina took the required training and tests to keep her hygienist's license in force. She always said she could fall back on it if she ever needed.

At an early age, Gina loved to travel and had continued to do so her entire life. She has been to every continent but Africa and Antarctica. For the past 18 years, she and her partner Steve Hayes have traveled together to countless places, the favorites being Hawaii, four times, and Italy, six. Their first trip together was to London to see the Rolling Stones on her birthday in 2006, and they have since seen the Stones 40-plus times and have been active members of the Shidoobees Stones fan group. Gina loved all

the arts and was happy and cozy visiting museums, art galleries, Broadway shows, sporting events, botanical gardens, national parks, and historic places.

Though deep inside Gina was a shy person, her smile would light up the room and people would gravitate to her. If you knew Gina, you loved Gina. She will be sadly missed and forever loved by family and friends.

Gina is survived by her partner of 18 years, Steve Hayes of Gorham; her sister, Maria and her husband Dennis Therriault of Cumberland, her sister, Linda and her husband Ron Petty of Brunswick, Md., her brother, Anthony Stivaletti of Columbus, Ohio; her two nephews, Nicholas, and Andrew Therriault.

The family is very grateful to the staff at Northern Light Mercy Hospital for their kindness and loving care Gina received in these last 10 months.

A service honoring Gina's life will be held at 3 p.m. Friday July 28 at A.T. Hutchins Funeral Home, 660 Brighton Ave., with visitation from 1 p.m. until time of service. Private burial will be held at a later date.

To share memories of Gina or to leave the family an online condolence, please visit <http://www.athutchins.com>

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From Portland Press Herald, August 9, 2023

SACO – **Kimberley “Kimmy” Lavin**, 56, of Biddeford, passed away Wednesday Aug. 2, 2023 in Saco.

She was born on Jan. 18, 1967, and raised in Presque Isle, by Donald (deceased) and Joyce Sharp.

She attended local schools and graduated from Presque Isle High School. Kimmy worked in insurance for 20-plus years, where she supported people through the most challenging moments of their lives. Her career spanned both Unum and most recently for SunLife Financial.

Kimmy reveled in the joy of being with her family, inhaling the refreshing ocean breeze, and cherishing moments at Portage Lake alongside her girlfriends.

Her hobbies included baking, leisurely strolls, and an innate curiosity that led her to explore local shops – invariably discovering the perfect gifts for loved ones that were always on her mind. Her grandchildren, who were her universe, brought an unparalleled light into her life. She had an undeniable passion for interior design, a fondness for skinny margaritas, and an uncanny knack for delivering the wittiest one-liners.

Kimmy will forever be remembered as the epitome of thoughtfulness and generosity, the likes of which are rarely encountered. Her rare and unique spirit touched anyone she encountered, leaving an unforgettable impact.

She is survived by her mother, Joyce Sharp, of Presque Isle; her daughter, Briana, and her husband Behn Brooks, and her daughter, Kerighan Lavin, and her fiancé Matthew Lambert, all of Waterboro; her two brothers, Matthew Sharp of Westford, Vt. and Kevin Sharp of Presque Isle and her children's father, Thomas Lavin of Kennebunk; her two grandbabies, Logan Brooks and Landon Lambert also survive her.

A celebration of her life will be held in the near future; details will be shared by the family. Dennett, Craig and Pate, 365 Main St., Saco are entrusted with her services.



From Portland Press Herald, August 22, 2023

PORTLAND – **Sandra Ann Dadiago**, 81, passed away peacefully on Aug. 19, 2023, at the Gosnell Memorial Hospice House in Scarborough after a brief illness with her beloved husband and family by her side. She was born Nov. 20, 1941, to the late Thomas and Virginia (Waterhouse) Martin.

Sandra attended Cathedral Grammar School and was a 1960 graduate of Cathedral High School. She married her high school sweetheart, Patrick Dadiago, on Dec. 31, 1960. They settled in the Portland area and raised their three children. Sandra and Patrick celebrated 62 years of marriage last December.

Over the years, Sandra was employed in the medical services field by The Foundation of Blood Research, UNUM and Allergy and Asthma Associates. She enjoyed going out on the weekends dancing, knitting, and LOVED TO SHOP. She also enjoyed traveling to New York City, on cruises and to Foxwoods. She adored her dogs, Molly and Buddy, and her cat, Kitty.

In addition to her parents, she was predeceased by a brother, Thomas. She is survived by her husband Patrick Dadiago and children, Kelly Proctor and her husband Peter, Michael Dadiago and his wife Sharon, and Karen Sturgeon and her husband Brian; her grandchildren Andrea, Brian, Joseph (wife Eliza), Nicole, Chandler, and Callie; and her great-grandchildren Callen and Mack. She is also survived by her sisters Debbie Plummer and her husband Ralph and Lori Goulding and her husband James.

The family wishes to thank the staff at Maine Medical Center and the Gosnell House for the loving care that Sandra received while there. The family also sends a special thank you to Judy and Bruce Hall for their support to the family.

A mass of Christian Burial will be celebrated at Holy Cross Parish in South Portland on Thursday at 10 a.m. Burial will follow at Brooklawn Memorial Park in Portland.

To offer condolences and share memories with the family please go to <http://www.athutchins.com>. In lieu of flowers, donations may be made to the Animal Refuge League of Greater Portland, 217 Landing Road, Westbrook, ME 04092.

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From Portland Press Herald, August 23, 2023

SEBAGO – **Priscilla Anne Clark**, 90, of Sebago, peacefully passed away on July 30, 2023, on Hilton Head Island, S.C. She was surrounded by her family, who knew her by her namesake “Grandy”.

She was predeceased by her husband, Edward Warren Clark, Jr. on Sept. 1, 2006. They were reunited in Heaven on their 65th wedding anniversary. Priscilla always had a penchant for doing things her own way, and on her own time frame.

She is survived by her son and daughter-in-law, Erik Wellington Clark (Beth) of Westbrook and their five children, Samantha Wyse (Tanner), Drew Clark and son Austin, Ashley Smiley (Jake) and their two daughters, Addyson and Stella; Katie Berry and her son Hudson, and Emma Berry and her son Finley. She is also survived by her daughter and son-in-law, Melissa Chaisson Clark Risk (Bob) of Westfield, Ind. and Hilton Head Island, and their two children, Molly and Charlie. Priscilla will be missed dearly by friends and family who loved her.

Her pastimes were filled with crossword puzzles, card games, golf, skiing, and tending to her community as everyone's token Grandy. Her time will not be forgotten, and we are lucky to have 90 years of stories, memories, and Grandy quotes to last another 90 years. May she rest in peace, with a margarita in hand, and a dance saved for Ed.

Services will be held Saturday, Sept. 2 at Dolby-Blais-Segee Funeral Home on 35 Church St., Westbrook. Visitation will be at 10 a.m. and a brief service will follow at 11 a.m. There will be a reception immediately following at The Stockhouse Restaurant on 506 Main St. from 12 to 2 p.m. For a full obituary please visit [islandfuneralhome.com](http://islandfuneralhome.com).

In lieu of flowers, please consider a donation to the Spaulding Memorial Library at <http://www.spaulding.lib.me.us/WP/>.

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From Hobbs Funeral Home, June 22, 2021

**Jean E. Allen** was born in Portland, Maine to Henry and Ada Allan on December 18, 1926.

Growing up in South Portland, she graduated from South Portland High School.

It all began on a short dock on Highland Lake in Windham as Mom was getting some sun. A handsome, charming young Army veteran who also had a cottage on the lake came paddling by and the rest, they say, is history. Mom married Dad, Philip O. Allen (that's right-Allen with an "e") on October 31, 1946, in her parent's living room on Broadway in South Portland.

They had three children, Sandra, Susan, and Peter. All graduated from South Portland High School and left the nest in 1971. The girls married and the son headed to Boston to college.

Jean's husband of 60 years passed in 2006.

Over the years the family has grown with grandchildren and great grandchildren.

Jean is survived by her three children, Sandra and her husband Charles Bradford, Susan and her husband Ronald Mitchell, and Peter and his wife Kathleen Allen. She was very proud of her grandchildren, David Mitchell and his wife Michelle, James Mitchell, Jonathan Allen, Nicholas Allen, Zachary Allen and his wife Amanda, Sarah Bradford, Katherine Willis and her husband Eric, and Gregory Bradford and his wife Kayla. She was super pleased to meet the newest generation of great grandchildren, Ian Mitchell, Levi Allen, Milo Allen, Lexi Willis, Jaiden Willis, Oliver Bradford, and June Bradford.

There will be a graveside service on June 29, 2021 at 11 am at the Highland Cemetery, South Portland. All are welcome.

In lieu of flowers, donations may be made in memory of Jean to the South Portland Historical Society, 55 Bug Light Park, South Portland, ME 04106. To donate by credit card, you can use the donation button on the Society's online museum website at <https://sphistory.pastperfectonline.com/>.



From Portland Press Herald, August 31, 2023

GORHAM – **Rita D. Weimer**, 83, of Gorham, passed away peacefully Monday Aug. 28, 2023, at the Gosnell Hospice House.

She was born Nov. 4, 1939, in Westbrook, the daughter of Charles Forrest and Nancy (Ballou) Dickinson and has resided in this area all of her life. She graduated from Scarborough High School and married George Weimer, Sr. in 1957. Their family grew quickly and by the time Rita was 26 years old, she had four young children under her watchful care.

An excellent seamstress, she would make their clothing and create a cozy home with home-made curtains, drapes, and other niceties. Following a time on Allen Avenue in Portland, they moved to Standish where eventually Rita became a teacher's assistant in the local schools. Though she and George divorced in 1977, the family remained close-knit and largely local to Southern Maine.

In 1977, she moved to Gorham where she remained for the rest of her life. After working for a time at Dodge Oil Company in Gorham, she took up a job at UNUM that would sustain the rest of her long professional career. After she retired from UNUM in 1998, she remained in Gorham and lived independently until very recently.

Her life was defined by her faith, her family, and her friends. She was an active member of Galilee Baptist Church in Gorham, which she adored. Earlier in her life, she was a parishioner at First Baptist Church in Portland. She spent much of her time in retirement caring for and visiting her children and many grandchildren. She loved to attend their many dance recitals and sporting events. Her watchful care of others extended to her own mother, Nancy Dickinson, who recently turned 103. She was also very active in the Beta Sigma Phi Sorority. Gregarious by nature, Rita could often be found hosting others for a cup of tea.

Members of her family include her children, Karen Varney and husband Thomas of Gorham, Mark Weimer of Bangor, Brian Weimer and his wife Caroline of McLean, Va.; eight grandchildren, including Chelsea Tarr and her husband Jason, Kelly Beckett and her husband Cody, Matthew Weimer, Patrick Weimer, Abigail Weimer, Adam Weimer, Charlotte Weimer and Lillian Weimer; her mother, Nancy Dickinson of Biddeford; her daughter-in-law, Trish Weimer McLellan; siblings Dolly Dickinson of Montecito, Calif., Charles Dickinson, III and his wife Patty of Scarborough, and John Dickinson and his wife Tammy of Scarborough; and nieces and nephews. She especially adored her three great-grandchildren, Benjamin and Lucas Tarr, and Ellsworth James "EJ" Weimer.

She was predeceased by her son, George Weimer in 2004.

The funeral service will be held on Friday Sept. 1 at 11 a.m. at the Galilee Baptist Church, 317 Main St., Gorham. A reception will immediately follow the service in the parish hall.

To express condolences or to participate in Rita's online tribute, please visit <http://www.dolbyblaissegee.com>

In lieu of flowers, Rita wished for contributions to be made to her favorite charity, Samaritan's Purse.